

Health Education Minor
 Department of Health & Kinesiology
 College of Health
 University of Utah
 Effective Spring 2020

1. To declare the Health minor, students must complete the [online registration form](#).
2. Students must maintain a 2.0 GPA. All courses must be successfully passed with C-. **(18 Credits)**
3. Students with a Health minor must pay careful attention to the prerequisite courses required.
4. Students should meet with their academic advisor at least once every semester to ensure correct scheduling of coursework.

REQUIRED COURSES (must take both courses)	CREDITS	COURSE TITLE	SEMESTER OFFERED
HEDU 1010	3	Healthy Lifestyles	F, S, SU
H EDU 3050	3	Community Health Issues	F, S, SU

ELECTIVE COURSES (must take 12 credits)	CREDITS	COURSE TITLE	SEMESTER OFFERED
H EDU 2000	2	First Aid and CPR	F, S, SU
HEDU 3000	3	Human Sexuality	F, S
HEDU 3160	3	Stress Management	F, S, SU
H EDU 3190	3	Death and Dying	F, S, SU
*HEDU 3020	3	Patient Education	S
H EDU 3350	3	Eating Disorders and Body Image	F, S, SU
H EDU 4180	3	Prevention Practices in Health Promotion	F, S, SU
H EDU 4350	3	Personal Resiliency	S

**by instructor permission to waive pre-requisite courses*