



Pancreas Appreciation Day Worksheet

1. Reflect on Prince's and Lizzie's cases and the challenges of living with diabetes. Diabetes particularly Type 1, is considered a lifelong disease. Imagine you were in their shoes. In 3-4 sentences, explain what changes would be the most difficult to make and whether or not you think you would experience diabetes burnout too.

2. Imagine your pancreas decides to go on strike. Write a brief letter to your Body's Labor Board explaining why you need your pancreas in your daily life (think about what we talked about and what role it plays when you eat your favorite foods).