

Community Health Education emphasis (includes Worksite Wellness track)

(Based on the requirements for Certified Health Education Specialist Credentialing, CHES)

Effective fall 2021

Please Note: This emphasis has special admission criteria. Please see Academic Advisors for more information. Passing grade for all courses: C- or better

PREREQUISITES** (16 credits) (for admission into the major)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
WRTG 2010	3	Intermediate Writing	F, S, SU		
MATH 1040 OR MATH 1070 OR PSY3000* OR FCS 3210* OR SOC 3112*	3	Intro to Statistical Thinking (QI)	F, S, SU		
H EDU 1010	3	Healthy Lifestyles	F, S, SU		
H EDU 3050	3	Community Health Issues	F, S, SU		
H EDU 4650 or BIOL 2420	4	Anatomy & Physiology for Health	F, S, SU		
**All must be completed in order to start the core class series					

CORE CLASSES (24 credits) (Must be taken in sequence)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
H EDU 4200 (Prereq: H EDU 1010, H EDU 3050, WRTG 2010 & Full Major Status in H EDU/KINES)	3	Foundations of Health Education & Promotion	F (1 st yr)		
H EDU 4300 (Prereq: WRTG 2010, MATH 1040 OR MATH 1070 OR SOC 3112 OR FCS 3210 OR PSY 3000 & Full Major Status in H EDU/KINES)	3	Introduction to Research and Assessment (QI)	F (1 st yr)		
H EDU 4210 (Prereq: H EDU 4200, H EDU 4300, WRTG 2010, MATH 1040 OR 1070 OR SOC 3112 OR FCS 3210 OR PSY 3000 & Full Major Status in H EDU/KINES)	3	Health Program Planning I (CW)	S (1 st yr)		
H EDU 4360 (Prereq: H EDU 4200, H EDU 4300)	3	Health Communication & Teaching	S (1 st yr)		
H EDU 4220 (Prereq: EDU 4210)	3	Health Program Planning II (QI)	F (2 nd yr)		
H EDU 4250	3	Facilitating Healthy Behavior	F (1 st yr)		
H EDU 4340	3	Epidemiology for Health Education	S (1 st yr)		
H EDU 5300	3	Diversity and Health (DV, CW)	F, S, SU (any yr)		

Must Complete One Track- Choose *either* Community Health Track *OR* Worksite Wellness Track

Community Health Track (Must take all; 21 credits)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
H EDU 2000	2	First Aid and CPR	F, S		
H EDU 4180	3	Prevention Practices in Health Promotion	F, S, SU		
H EDU 4466 (Prereq: H EDU 4650 OR BIOL 2420)	2	Applied Health and Fitness Assessment	F (1 st yr)		
H EDU 4600 (Prereq. H EDU 4200, 4300, 4210, & 4360)	4	Health Education Practicum I	F (2 nd yr)		
H EDU 4610 (Prereq. H EDU 4600)	4	Health Education Practicum II (CEL)	S (2 nd yr)		
H EDU 5990 (Prereq: H EDU 4210)	6	Community Health Internship	SU, F, S (2 nd yr)		

Worksite Wellness Track (Must take all; 22 credits)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
KINES 3350	3	Exercise Psychology	F, S, SU		
KINES 4464	3	Exercise Instructor Training	F, S		
KINES 4465	3	Exercise Programming: Assessment & Delivery (QI)	F, S, SU		

KINES 4466 (Pre or Coreq: KINES 4465)	3	Applied Health and Fitness Assessment and Exercise Programming	F, S		
KINES 4800 (Prereq: KINES 4464, 4465, 4466)	4	Fitness and Wellness Specialist Practicum	F, S, SU		
KINES 4810 (Pre or Coreq: KINES 4800)	6	Supervised Internship	F, S, SU		

ELECTIVES (Must take 4 courses= 12 credits)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
H EDU 3000	3	Human Sexuality	F, S, SU		
H EDU 3030	3	Medical Terminology	F, S, SU		
H EDU 3150	3	Health and Human Relations	F, S		
H EDU 3160	3	Stress Management	F, S, SU		
H EDU 3190	3	Death and Dying	F, S, SU		
H EDU 3350	3	Eating Disorders and Body Image	F, S, SU		
H EDU 4310	3	Health Promotion and Marketing	F		
H EDU 4350	3	Personal Resiliency	S		
H EDU 4790	3	Health Service Administration	S		
H EDU 5060	3	Global Health Promotion (IR)	F, S		
H EDU 5370	3	Health and Optimal Aging	F, S		
H EDU 5400	3	Theory and Habit Technology	F, SU		
H EDU 5500 (Prereq: H EDU 4220 OR 4950)	3	Introduction to Grant Writing	S (2 nd yr)		
KINES 2500	3	Foundations of Health and Kinesiology	F, S, SU		
KINES 2600	3	Perspectives on Sport and American Society	F, S, SU		
KINES 3200	3	Introduction to Coaching	F, S, SU		
KINES 3350	3	Exercise Psychology	F, S, SU		
KINES 3550	3	Motor Learning	F, S		
KINES 3551	3	Application of Human Motor Development Across the Lifespan	S		

***All courses must be completed with a C- or better for successful completion of the degree.**

***All courses used toward major requirements may NOT be more than 7 years old.**

Fall _____

Spring _____

Summer _____

Fall _____

Spring _____

Summer _____

Fall _____

Spring _____

Summer _____
