

# Student-Run Pro Bono Clinic Newsletter



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Welcome to the February Newsletter from the Department of Physical Therapy's student-run pro bono clinic

***Thank you to our volunteers and supporters!***

Thanks to the generous contributions of our donors, we successfully raised the \$2500 we needed for start up costs!! Please help contribute to our funds by going to:  
[https://umarket.utah.edu/ugive/index.php?gift\\_id=68&special=%20Midvale%20Clinic%20HE23467-40165](https://umarket.utah.edu/ugive/index.php?gift_id=68&special=%20Midvale%20Clinic%20HE23467-40165)

See all our amazing donors and a full list of January volunteers at the end of the newsletter.

***Learn more about us!***

Visit our website at <http://www.health.utah.edu/pt/pro-bono/index.html>

***We're on Twitter!*** You can follow us at @UofUProBonoPT

***Facebook Page:*** <https://www.facebook.com/uofuprobonopt>

## Our Clinic Was On The News!



We have some exciting news! We ARE news! In December 2014, we reached out to Channel 2News in the hopes of spreading “Pro Bono Madness” across the greater Salt Lake area. On January 17, 2015, Dan Rascon and crew came out to our clinic and experienced firsthand what the hard work and dedication of the CBC and University of Utah DPT students can do. The crew stayed for roughly three hours getting footage of the building, set up of the space, and filming patient treatment. They also interviewed treating student Jackie Gebhardt, our Director Katey Blumenthal, our community partner Mauricio Agramont, as well as Chair of the University of Utah Department of Physical Therapy and attending physical therapist for that day, Scott Ward,-PhD, PT, FAPTA. Dan and crew were also able to talk to a patient and get their point of view of how our services have made a difference in his life.

The four-minute story aired on February 3, 2015.

Please check out the link below! We hope this story allowed us to reach a wider audience and highlight the importance of community relationships and volunteering as well as assist in reaching our financial goals to continue to improve clinic services.

<https://www.youtube.com/watch?v=LkVUEkvN47I>



## Meet Karina Abrew: DPT student and Volunteer at the Student Run Pro Bono Clinic



Born and raised in Southern California, I never imagined leaving 75 and sunny, beachy SoCal. However, after interviewing at The U's PT program and seeing the beauty this state offers, how could I NOT come here? I am currently a first year student in the physical therapy program at the University of Utah. I received my BS in Athletic Training at California State University Long Beach. With my first true love being the beautiful game of futbol, I competed and played for over 15 years as well as traveled and competed with a women's semi-pro team in a European soccer tour in the summer of 2013. Besides my love for soccer, you can find me running, yoga-ing, hanging out at the beach with family and friends

and now playing in the mountains, hiking, and catching beautiful SLC sunsets. My dad being from Colombia and my mom from Ecuador, I am fluent in the Spanish dialect. Opportunities such as working in the Pro Bono clinic as a translator this past summer and now able to sign up as a SPT, as well as the Student Administrator Coordinator on Wednesdays, are opportunities I couldn't have imagined with out our amazing Faculty and students at The U PT program. The Pro Bono Clinic is one of the many things that sets this program apart from others. The Pro Bono Clinic allows physical therapy students to become better clinicians and get a chance to learn and practice with this very appreciative Midvale community. I am ecstatic to be a part of the Pro Bono Clinic and hope to spread this passion to my current and future Ute classmates and colleagues!

## We are expanding our Services to the Maliheh Free Clinic!

Last year, we were approached about an opportunity to expand our services to the Maliheh Free Clinic in the Salt Lake area. In their mission, the Maliheh Clinic states: "Quality health care is a vital necessity for every child and adult. The Maliheh Free Clinic seeks to improve the quality of life in the Greater Salt Lake Area by providing free medical services for uninsured individuals and low income families." Because our values and missions align, the board felt that expanding our services to Maliheh would give us the opportunity to serve a larger population of the Salt Lake area, while offering consistent treatment experience to more students in our program. Students from the Department's second year class were chosen on a competitive-basis to carry their own case-load at the Maliheh Clinic. These students include: Simone Mata, SPT '16, Ryan Shawcroft, SPT '16, Katey Blumenthal, SPT '16 and Jordan Johnson, SPT '16. Our first clinic day was a success thanks to the wonderful staff at Maliheh, and our attending physical therapist, Laura Nice, DPT, from InMotion PT. We look forward to continue treating at this clinic and are thankful for the opportunity to work with Maliheh!



## Testimonials from student physical therapists

### Students:

“My Saturday at the pro bono clinic was a wonderful personal and professional experience. The opportunity to give back to the community while applying the skills I have learned in class was a unique experience and powerful tool for my education.”

“A learning experience for all involved!”

“It is impossible to recreate true clinical experience in a classroom. Working with real patients pushes our skills to the limits and takes our learning above and beyond.”

“I love the collaboration between the different classes and being able to practice with other students.”

“I really enjoyed working with fellow students. I was able to practice the skills I have learned and review the things from the past. I will volunteer again so that I can continue to become a successful physical therapist.”

“Every time before I treat at the Pro Bono Clinic, I am a bit nervous. However, I'm always extremely grateful I did when I finish treating patients! It allows me to improve upon my evaluation and documentation skills, as well as develop better patient education strategies that they will remember when they leave the clinic. As a first year SPT, treating at the Pro Bono Clinic pushes me out of my comfort zone, however, I gain more confidence and knowledge through the collaboration with your treating partner and the supervising physical therapist. I highly recommend students to sign up -- you can't fail!”

## Many thanks to the following January volunteers!

### *Attending physical therapists:*

Paul Hartman, Orthopedic Center  
Scott Ward, University of Utah  
Lance Barton, VA Orthopedics  
Laura Nice, InMotion Physical Therapy

### *Student physical therapists:*

Ally Armstrong, SPT '15  
Drew Kosturik, SPT '17  
Brooke Schlotterbach, SPT '16  
Zach Sadoff, SPT '17  
Chris Whetton, SPT '17  
Preston Ward, SPT '16  
Jen Gebhardt, SPT '17  
Jackie Gebhardt, SPT '16  
Neil Scheuermann, SPT '17  
Karina Abrew, SPT '17  
Lauren Pabst, SPT '16  
Katey Blumenthal, SPT '17  
Scott Allred, SPT '17  
Ashley Mwongela, SPT '17  
Joseph Broadhead, SPT '17  
Brett Fechter, SPT '16  
Ann Goding, SPT '17  
Nick Langelotti, SPT '16  
Brianna Stewart, SPT '17  
Simone Mata, SPT '16  
Jordan Johnson, SPT '16

### *Translators:*

Adam Russon  
Bryan Samuelson  
Sam Booth  
Alex Engar

### ***CBC Staff:***

Maria Consuelo Cala  
Olinai Fernandez  
Mauricio Agramont, Director

**Thank You!!**

***All of our progress and accomplishments have been thanks to the funds, equipment and supplies provided by our generous donors***

Thank you Julie Sutherland, PTA  
and Ally Barton, SPT  
for donating ankle weights



***Interested in helping?***

To volunteer as an attending physical therapist or Spanish translator: please contact [uofuprobonopt@utah.edu](mailto:uofuprobonopt@utah.edu)

Help us meet our **goal of raising \$2500** for initial start up costs! To donate, go to:

[https://umarket.utah.edu/ugive/index.php?gift\\_id=68&special=%20Midvale%20Clinic%20HE23467-40165](https://umarket.utah.edu/ugive/index.php?gift_id=68&special=%20Midvale%20Clinic%20HE23467-40165) or send a check payable to the Department of Physical Therapy ("Pro Bono Clinic" in the memo line) to 520 Wakara Way, Salt Lake City, 84108. All donations are tax deductible and will go directly to the clinic.

To donate small pieces of equipment or supplies, contact us at: [uofuprobonopt@utah.edu](mailto:uofuprobonopt@utah.edu) or (435-612-0066).

***Spread the word!***

If you know of anyone who is interested in the clinic, please encourage them to **subscribe to our newsletter**. To subscribe: send an email to [sympa@lists.hsc.utah.edu](mailto:sympa@lists.hsc.utah.edu) with the subject "Subscribe probono\_pt\_clinic YOUR NAME".

Thanks for reading! Look for our next newsletter in March. For questions about the information provided here or the clinic in general, please contact [uofuprobonopt@utah.edu](mailto:uofuprobonopt@utah.edu).

Student Board Secretaries,

Jordan Johnson '16  
Ann Goding '17

