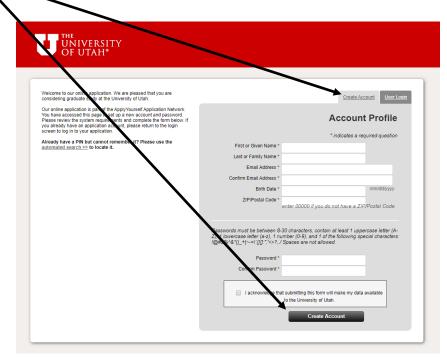Use this link to access the application:

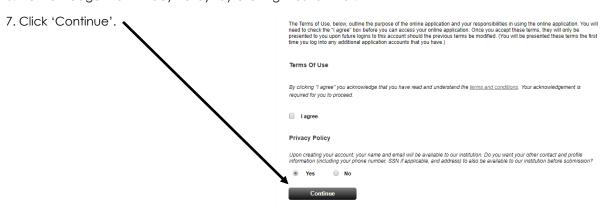**ApplyYourself Application – University of Utah Graduate Admissions**

1. Click on 'Create Account' tab.

2. Fill in all the information and then click 'Create Account'.

3. It will prompt a new screen with a 'Pin' along

 with a confirmation email.

4. Clicking on the same link as the beginning, go to the 'User Login' tab and input the 'Pin' that was just received along with the 'Password' you created. Click 'login'
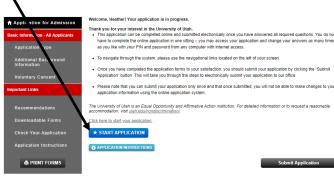

5. Read over the 'Terms and Conditions' and Click on 'I agree' if you agree.

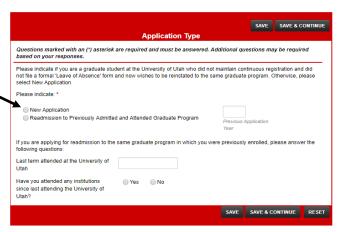6. Acknowledge the 'Privacy Policy' by clicking 'Yes' or 'No'.

7. Click 'Continue'.

8. To start the application process, click on 'Start Application'.

- It is advised to read over the 'Application Instructions'.

9. Click on 'Start Application' to begin the application process.

10. Select 'New Application' then 'Save & Continue'.

- If you are applying for readmission, contact our Department Director of Graduate Studies.

- Readmission: If you are a graduate student at the University of Utah who did not maintain continuous registration and did not file a formal 'Leave of Absence' form and now wishes to be reinstated to the same graduate program.

11. Select 'Campus' and 'Salt Lake City Campus'.

12. Select your 'Intended graduate program and degree'.

- If you are looking to do one of the optional Master's Program, select 'Nutrition and Integrative Physiology MS'.

- If you are looking to the PhD Program, select 'Nutrition and Integrative Physiology PHD'.

13. Select the semester you plan to begin your graduate program.

14. Select 'No' to whether you want to do the Combined BS/MS program.

15. Select 'No' to whether you will be applying for a dual degree program .

- Nutrition and Integrative Physiology does not offer a combined BS/MS of a dual degree program options.

16. Complete the 'Area of Interest' :

- Select 'MS only' if you are looking to participate in one of the online or on-campus MS Programs. More information between the three programs can be found on our site.

- Select 'MS to RDN' if your interest is in becoming a Registered Dietitian.

- If selecting PHD for your intended degree, there will not be any options for area of interest.

17. Click 'Save & Continue' to proceed.

Area of Interest

You may select up to three in order of preference, if applicable.

Please select your area of interest:

[▼]

Please select your area of interest:

[▼]

Please select your area of interest:

[▼]

| SAVE | SAVE & CONTINUE | RESET |

18. Complete each section indicated with an ' * ' on the personal data page.

- It is advised to include your Social Security number to be able to verify your identity and avoid any delay.

19. Click 'Save & Continue' once filled out completely.

| SAVE | SAVE & CONTINUE |

Personal Data

Questions marked with an (*) asterisk are required and must be answered. Additional questions may be required based on your responses.

Student records at the University of Utah are governed by the Family Educational Rights and Privacy Act (FERPA).

Applicant Name

First/Given *

Middle

Last/Family/Surname *

Preferred First Name

Other/Prior Names Used

Do you have any records that may appear under a former name? Please list other/prior names you have used.

First/Given

Middle

Last/Family/Surname

Social Security Number

The University confidentially maintains your Social Security number for routine uses such as facilitating document matching, verifying your identity, and expediting your enrollment and financial aid. Disclosure of your Social Security number is voluntary. Failure to provide your Social Security number may delay the processing of your application and once admitted could result in delay or loss of federal and state financial aid, tax credits, student loan deferments, veterans and other benefits provided by law.

Social Security Number

Example: 555-55-5555

Birthdate

Date of Birth *

mm/dd/yyyy

Gender

Gender [Select One ▼]

Do you identify as part of the LGBTQ community? [Select One ▼]

Citizenship

Are you a U.S. citizen? * [▼]

If no, please select from the following: [▼]

| SAVE | SAVE & CONTINUE | RESET |

20. Complete each section indicated with an ' * ' on the Contact Information Page.

21. Click 'Save & Continue' to proceed.

22. Complete the Permanent Address Page if you require a Visa, this MUST be your home country address.

23. Complete the Optional Biographical Information Page at your own inclination, this section is optional but encouraged.

24. Click 'Save & Continue' to proceed.

25. Complete each section indicated with an ' * ' on the Educational History Page.

26. Self-report your GPA in the designated box or boxes.

- The GPA Calculator can help assist you if you are unsure of your current/projected GPA.

27. Include any information you have from previous UofU experience.

28. Explain in the note box any prior graduate experience you have if you were previously enrolled at any institution.

29. Include a copy of your transcript from each institution you have taken classes from, including the University of Utah. Transcripts must be uploaded prior to submitting your application.

- Uploaded transcripts are only used for initial admissions calculations. These **are not the official transcripts**.

- All incoming transcripts are sent to and processed by the Admissions Office. Please contact their office if you have questions about sending transcripts to the University of Utah and to determine if your transcript has been received.

    Admission Office (801) 581-8761 admisstranscripts@sa.utah.edu
    University of Utah Admissions Office
    201 S. 1460 E. RM 250-S, Salt Lake City,
    UT 84112-9057

30. Begin with your most recent school attended and complete each box listen below the institution.

- You can click on 'Look up' to assist you in your search for the institution and it will autofill the information.

- Upload only if these are listed as credit hours and cumulative GPA, otherwise leave blank.

31. Select your current 'Status' with each institution.

- Make sure to list every institute previously and currently attended and upload each document

- If you have more than eight colleges or universities, list and upload transcripts here.

32. Click 'Save & Continue' to proceed.

Colleges and Universities

- A copy of a transcript (or mark sheet for international applicants) from each institution from which you have taken courses, including the University of Utah, must be uploaded before submitting your application. This includes concurrent enrollment, study abroad, correspondence, etc. Your uploaded transcripts are not considered official and are used for initial admissions calculations only. Grade Summary Reports or Degree Audit Reports should **NOT** be uploaded instead of transcripts.
    - If you were a previous University of Utah student, you can order transcripts online through the Registrar's Office.

- Failure to list ALL institutions previously attended, or degrees pursued, may result in denial of admission, loss of credit, and dismissal from the University of Utah
- If the transcript you uploaded lists credit hours and a cumulative GPA, please enter those values. If the institution you attended has a different grading scale, you may skip this question.
- If you are admitted to the University of Utah, you must contact each of your previous institutions and have an official copy of each transcript sent directly to the University of Utah, Office of Admissions. Admission may be rescinded if all official copies are not received by the University of Utah.

List all colleges/universities you have taken courses from, including the University of Utah, regardless of length of attendance. Begin with your most recent school attended.

Institution #1 *   [   ]   Look up
                           College/University Code
                           [   ]
                           Please enter the full name of your institution.
                           [   ]
                           City
                           [   ]
                           State
                           [   ]
                           Country
                           [   ] [   ]
                           From (mm/yyyy) To (mm/yyyy)
                           [   ]
                           Degree earned/expected (AA, AS, BA, BS, MA, etc.)
                           [   ]
                           Degree date received/expected (mm/yyyy)
                           [   ]
                           GPA
Total credit hours: [   ]
Status: [Select One   ▼]
Please upload a copy of your college or   Upload Document   e.g. .doc, .pdf, .txt, .xls More
university transcripts. Uploading a .pdf
document works best.

If you have attended more than 8 colleges or universities, please list them below, then upload the transcripts from the institutions listed. Failure to list all institutions may result in denial of admission, loss of credit and dismissal from the University of Utah.

[   ]

Please upload a copy of your college or   **Upload Document**   e.g. .doc, .pdf, .txt, .xls More
university transcripts. Uploading a .pdf
document works best.

                                    SAVE   SAVE & CONTINUE   RESET

34. Fill out this section completely if you want to be considered for residency. Otherwise make sure the following are complete:

34. Identify your country of legal residence.

35. If you select the United States, please indicate the state of legal residence.

36. Select 'Yes' or 'No' for whether you claim to be a legal resident of Utah for in-state tuition purposes or not.

37. Select 'Yes' or 'No' for whether you are currently living in Utah.

38. Select 'Yes' or 'No' to whether you have a valid driver's license or not.

39. If yes, indicate the state it is issued from.

40. Select 'Yes' or 'No' to whether one or more parent resided in Utah for the last 12 continuous months.

- Reminder: fill this section out completely if you want to be considered for residency.

Residency

Questions marked with an (*) asterisk are required and must be answered. Additional questions may be required based on your responses.

The Office of Admissions follows the state law, Utah Code 53B-8-102, "Definition of resident student" to determine your initial residency classification.

IF YOU FAIL TO COMPLETE ALL QUESTIONS IN THE RESIDENCY SECTION ON THIS APPLICATION, YOU WILL BE CLASSIFIED AS A NON-RESIDENT FOR TUITION PURPOSES.

For questions regarding residency, please contact our Residency Division.

Residency for Tuition Purposes

Country of legal residence: *   [Select One ▾]

If you selected the United States, please indicate your state of legal residence in the U.S.
[▾]

Do you claim to be a legal resident of Utah for in-state tuition purposes?   ○ Yes ○ No

Are you currently living in Utah?   ○ Yes ○ No

If you are a Utah resident, in which county do you reside?   [Select One ▾]

Do you have a valid driver's license?   ○ Yes ○ No

If yes, what state issued the driver's license?   [Select One ▾]

Is one or both of your parents a legal resident of the State of Utah?

○ Yes ○ No

Has one or more parent resided in Utah for the last 12 continuous months?

○ Yes ○ No

41. Indicted your residency for the past three year. The more specific you are the better. At least 'Activity 1' needs to be completed.

42. Indicate the 'City/Province/Territory'

43. Indicate the 'Country'

44. If you have more than five activities, select 'Yes' and you will be able to add the rest.

45. Once everything is filled out completely, click on 'Save & Continue'

Indicate what you have been doing and what city and state you have resided in for the past three years. Be specific and account for all months, including any and all school breaks. For example, if you went out of state for a school year and returned home for the summer, you would list School from the beginning of school year to end of school year, then Home working from start of summer months to end of summer months, and then back at School from start of school year to end of school year, and home from start of summer months to end of summer months. Failure to provide coverage for all months in the three year period will result in a nonresident classification for tuition purposes.

Activity #1   [▾]

[ ]
If other, please specify

[ ]
City/Province/Territory

[Select One ▾]
U.S. State

[ ] [ ]
From (MM/DD/YYYY)   To (MM/DD/YYYY)
If to present, please fill in today's date.

[Select One ▾]
Country

Do you have more activities to add? If yes, please select the checkbox. On save of this section, you will be able to continue adding activities in a new application section.

○ Yes ○ No

To better help explain where you have been the past three years, please provide us with a short explanation.

[ ]
Characters left in your response 250
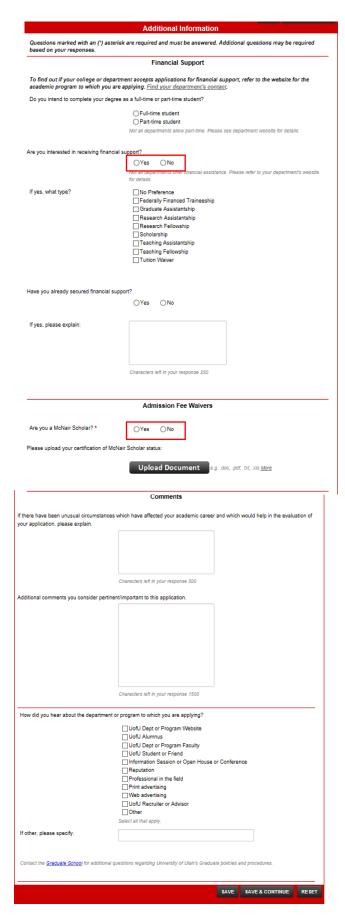
[SAVE] [SAVE & CONTINUE] [RESET]

46. Complete each section indicated with an ' * ' on the Additional Information Page. It is advised that if you want financial support, to fill this page out completely.

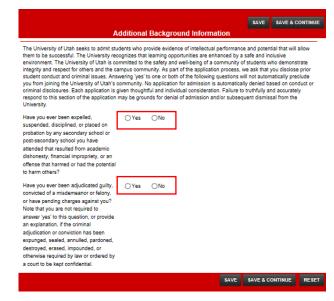47. Select 'Yes' or 'No' to whether you are interested in receiving financial support.

Financial Support:

- MS RDN Applicants: Department scholarship application — DUE Feb. 15th

- MS Only and PhD Applicants: Before applying to the program, applicants should identify prospective mentors willing to provide guidance and financial support for the student's research activities. Visit this department list of possible mentors https://health.utah.edu/nutrition-integrative-physiology/degrees/phd/.

48. Select 'Yes' or 'No' to whether you are a McNair Scholar.

49. Complete Comment section with any unusual circumstances or pertinent/important information to this application.

50. Click 'Save & Continue'.

Additional Information

Questions marked with an (*) asterisk are required and must be answered. Additional questions may be required based on your responses.

Financial Support

To find out if your college or department accepts applications for financial support, refer to the website for the academic program to which you are applying. Find your department's contact.

Do you intend to complete your degree as a full-time or part-time student?

○ Full-time student
○ Part-time student

Not all departments allow part-time. Please see department website for details.

Are you interested in receiving financial support?

○ Yes   ○ No

Not all departments offer financial assistance. Please refer to your department's website for details.

If yes, what type?

☐ No Preference
☐ Federally Financed Traineeship
☐ Graduate Assistantship
☐ Research Assistantship
☐ Research Fellowship
☐ Scholarship
☐ Teaching Assistantship
☐ Teaching Fellowship
☐ Tuition Waiver

Have you already secured financial support?

○ Yes   ○ No

If yes, please explain:

Characters left in your response 250

Admission Fee Waivers

Are you a McNair Scholar? *   ○ Yes   ○ No

Please upload your certification of McNair Scholar status:

[Upload Document] e.g. .doc, .pdf, .txt, .xls More

Comments

If there have been unusual circumstances which have affected your academic career and which would help in the evaluation of your application, please explain.

Characters left in your response 500

Additional comments you consider pertinent/important to this application.

Characters left in your response 1500

How did you hear about the department or program to which you are applying?

☐ UofU Dept or Program Website
☐ UofU Alumnus
☐ UofU Dept or Program Faculty
☐ UofU Student or Friend
☐ Information Session or Open House or Conference
☐ Reputation
☐ Professional in the field
☐ Print advertising
☐ Web advertising
☐ UofU Recruiter or Advisor
☐ Other

Select all that apply.

If other, please specify.

Contact the Graduate School for additional questions regarding University of Utah's Graduate policies and procedures.

[SAVE] [SAVE & CONTINUE] [RESET]

51. Read over the additional background questions and indicate 'Yes' or 'No' to both questions.

52. Click 'Save & Continue' to proceed.

53. Click 'Yes' or 'No' to the Voluntary Consent then click 'Save & Continue'.

54. If you have taken the GRE or GMAT complete this page with accurate results.

- MS RDN Applicants: GRE is optional and must be taken within the past five years. A GRE score at the fiftieth-percentile or greater is recommended. (School code: 4853 Dept. code: 0214). GMAT accepted over GRE.

- MS Only, MS Online and PhD Applicants: GRE is optional.

55. Click 'Save & Continue' to proceed.

56. Acknowledge that you have read and understand the prerequisites for the program. You understand that if the courses have not been completed by the application deadline, you may receive a conditional acceptance contingent upon completing the requirements prior to beginning the program.

57. Confirm your program.

58. Completely fill out the Prerequisites Information section. Each prerequisite section is REQUIRED, if not completed, application will not be reviewed.

- Select one of the options from each drop down then complete the whole row.

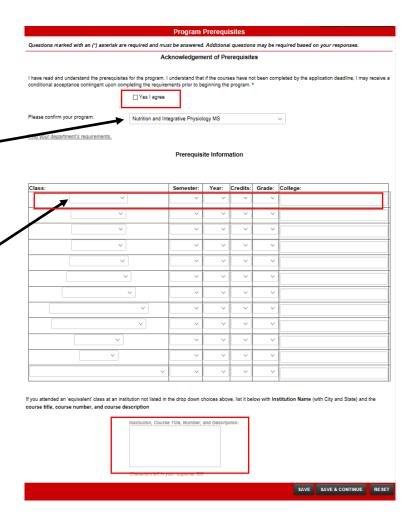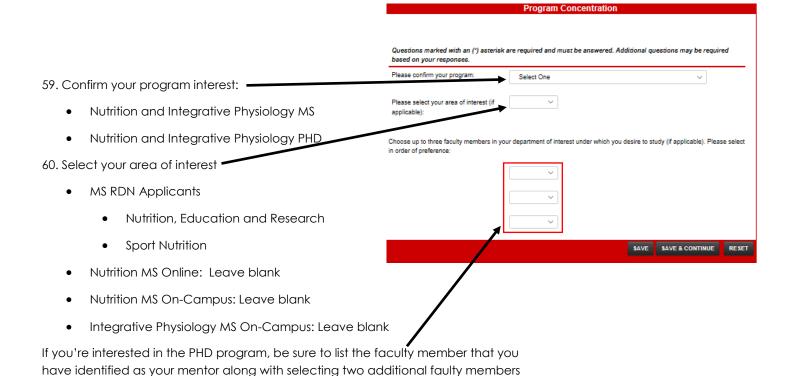**In the Note Section:**

- If you attended an 'equivalent' class at an institution not listed in the drop down choices above, list it below with **Institution Name** (with City and State) and the **course title, course number, and course description**

- If a prerequisite has not been taken, state your intent to take the perquisites that you have yet to fulfill or the reason why the prerequisite was not completed.

Program Prerequisites

Questions marked with an (*) asterisk are required and must be answered. Additional questions may be required based on your responses.

Acknowledgement of Prerequisites

I have read and understand the prerequisites for the program. I understand that if the courses have not been completed by the application deadline, I may receive a conditional acceptance contingent upon completing the requirements prior to beginning the program. *

☐ Yes I agree

Please confirm your program: [Nutrition and Integrative Physiology MS ⌄]

...d your department's requirements.

Prerequisite Information

Class:	Semester:	Year:	Credits:	Grade:	College:
⌄	⌄	⌄	⌄	⌄	
⌄	⌄	⌄	⌄	⌄	
⌄	⌄	⌄	⌄	⌄	
⌄	⌄	⌄	⌄	⌄	
⌄	⌄	⌄	⌄	⌄	
⌄	⌄	⌄	⌄	⌄	
⌄	⌄	⌄	⌄	⌄	
⌄	⌄	⌄	⌄	⌄	
⌄	⌄	⌄	⌄	⌄	
⌄	⌄	⌄	⌄	⌄	
⌄	⌄	⌄	⌄	⌄	
⌄	⌄	⌄	⌄	⌄	

If you attended an 'equivalent' class at an institution not listed in the drop down choices above, list it below with **Institution Name** (with City and State) and the course title, course number, and course description

Institution, Course Title, Number, and Description:

[   ]

Characters left in your response: 500

[SAVE] [SAVE & CONTINUE] [RESET]

---

59. Confirm your program interest:

- Nutrition and Integrative Physiology MS

- Nutrition and Integrative Physiology PHD

60. Select your area of interest

- MS RDN Applicants

  - Nutrition, Education and Research

  - Sport Nutrition

- Nutrition MS Online: Leave blank

- Nutrition MS On-Campus: Leave blank

- Integrative Physiology MS On-Campus: Leave blank

If you're interested in the PHD program, be sure to list the faculty member that you have identified as your mentor along with selecting two additional faulty members you desire to study.

61. Click 'Save & Continue' to proceed.

Program Concentration

Questions marked with an (*) asterisk are required and must be answered. Additional questions may be required based on your responses.

Please confirm your program: [Select One ⌄]

Please select your area of interest (if applicable): [⌄]

Choose up to three faculty members in your department of interest under which you desire to study (if applicable). Please select in order of preference:

[⌄]

[⌄]

[⌄]

[SAVE] [SAVE & CONTINUE] [RESET]
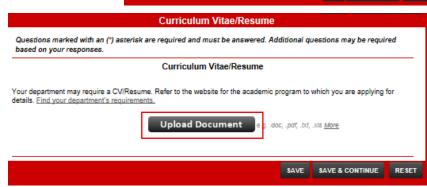
62. It's highly recommend to complete the Work/Professional Experience sections. The Selection Committee reviews these sections looking for your involvement and participation in activates outside of academia. Be sure to emphasize your volunteer work.

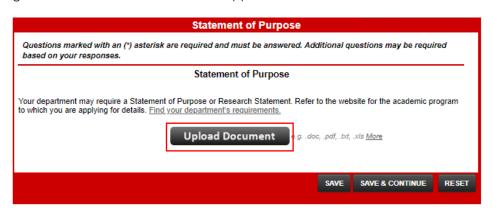63. Click 'Save & Continue' once complete.

Work/Professional Experience

Questions marked with an (*) asterisk are required and must be answered. Additional questions may be required based on your responses.

List membership in any professional organizations.

Characters left in your response 250

List any academic honors or offices in professional organizations.

Characters left in your response 250

List any professional publications or conference paper presentations.

Characters left in your response 250

List any major related internship experiences

Characters left in your response 250

List any volunteer activities with charitable or civic organizations

Characters left in your response 250

Specialty Area

Please indicate your professional specialty area and research interests.

Characters left in your response 250

[SAVE] [SAVE & CONTINUE] [RESET]

64. Upload your Curriculum Vitae or Resume.

65. Click 'Save & Continue' to proceed.

Curriculum Vitae/Resume

Questions marked with an (*) asterisk are required and must be answered. Additional questions may be required based on your responses.

Curriculum Vitae/Resume

Your department may require a CV/Resume. Refer to the website for the academic program to which you are applying for details. Find your department's requirements.

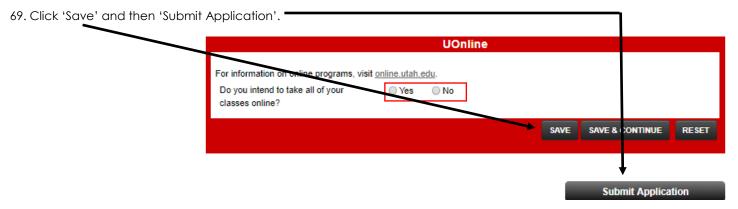[Upload Document] e.g. .doc, .pdf, .txt, .xls More

[SAVE] [SAVE & CONTINUE] [RESET]

66. Upload your Statement of Purpose

67. Click 'Save & Continue' if you are taking online courses. Other wise 'Submit Application'.

Statement of Purpose

Questions marked with an (*) asterisk are required and must be answered. Additional questions may be required based on your responses.

Statement of Purpose

Your department may require a Statement of Purpose or Research Statement. Refer to the website for the academic program to which you are applying for details. Find your department's requirements.

[Upload Document] e.g. .doc, .pdf, .txt, .xls More
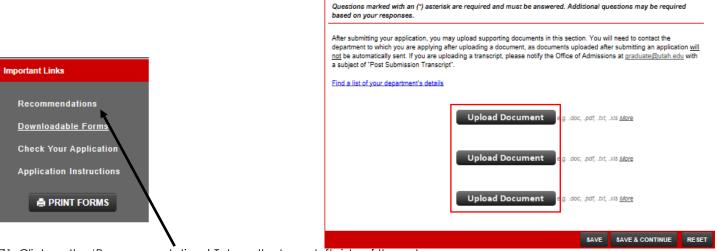
[SAVE] [SAVE & CONTINUE] [RESET]

[Submit Application]

68. If you intend to take any online classes. Click 'Yes' or 'No' to whether you plan on taking all of your classes online.

69. Click 'Save' and then 'Submit Application'.

After submitting your application:

70. Upload supporting documents in this section. You will need to contact the department to which you are applying after uploading a document, as documents uploaded after submitting an application will not be automatically sent. If you are uploading a transcript, please notify the Office of Admissions at graduate@utah.edu with a subject of "Post Submission Transcript".

71. Click on the 'Recommendations' Tab on the lower left side of the column.

- You are required to submit three academic recommendation letters.

72. Click on 'Recommendation Provider List'.

- When adding a recommendation provider, please double-check that you have selected the program to which you are applying and that the recommendation provider's email address is correct. Once the recommendation provider information is saved, an email will be sent to the online recommendation provider with instructions on how to proceed with the online recommendation.

73. Click on 'Add a Provider'.

Please list the identities of people who will be submitting letters of recommendation on your behalf. (Please refer to the department website for specific number of recommendations required.) Recommendations should be provided from employers, supervisors, professors, or others who are able to comment on your professional and educational goals and potential (no friends or relatives please).

Recommendation Provider

Once recommenders have been added, an email will be sent to notify those submitting online forms.

Resend Notification Email: If you wish to have an email message sent to a recommendation provider to remind them to complete the letter of recommendation, select the Resend button next to recommendation provider's name.

+ ADD A PROVIDER

ⓘ Please note that notification emails will indicate "University of Utah - Graduate" as the sender but will come from no-reply@applyyourself.com. If your recommenders use a spam-blocking tool, please ask them to add this email address to their list of known/safe addresses.

74. Complete the Provider's Information in full.

75. Make sure to add at least two more, for at total of three.

- Official University Letterhead and a written signature are **required** on Letter's of Recommendations.

76. If you haven't already, click on 'Submit Application'.

Add A Recommendation Provider   [ADD PROVIDER]

* indicates a required question

Field	
First Name: *	
Last Name: *	
Street Address Line 1:	
Street Address Line 2:	
City:	
State:	-- Select --
Postal Code:	
Country:	UNITED STATES
Phone:	

ⓘ Example: (555) 555-5555 for a U.S. number

Email Address:	
Title:	
Employer:	
Relationship to you:	
Program to which you are applying: *	-- Select --

Do you wish to waive your right to examine this letter of recommendation? *
○ Yes   ○ No

ⓘ Under the Family Educational Rights and Privacy Act of 1974, students have access to their education record, including letters of recommendation. However, students may waive their right to see letters of evaluation, in which case the letters will be held in confidence.

Will this provider be submitting the letter of recommendation online? *
◉ Yes   ○ No

ⓘ If Yes, you must provide the email address for online providers. Please notify the individual that he/she will be receiving an email from the online application system with the necessary access information. If No, please check with your program of interest for further instructions.

If you would like to include a personal note in the notification email that is delivered, please use the space below:

[   ]

[ADD PROVIDER]

♠ Application for Admission

Basic Information - All Applicants

Application Type
Program Information
Personal Data
Contact Information
Permanent Address
Optional Biographical Information
Educational History
Residency
Additional Residency Activities
Additional Information
Additional Background Information
Voluntary Consent
GRE GMAT Scores
Additional Test Scores
Program Prerequisites
Program Concentration
Work/Professional Experience
Curriculum Vitae/Resume
Statement of Purpose
UOnline
Post Submission

Important Links

Recommendations
Downloadable Forms
Check Your Application
Application Instructions
🖨 PRINT FORMS

Application Status: Incomplete

The following required questions have not been completed. Please note that this list refers only to the minimum number of questions required by the system before submission is allowed. There may be many other questions on the form that should also be answered; thus, please be sure you have fully responded to both required and relevant non-required items before you submit your Application.

SECTION NAME	QUESTION NAME
UOnline	Do you intend to take all of your classes online?
A total of 3 Recommendations are required	Add Recommendation

77. To check the status of your application, click on 'Check Your Application.

Congratulation on completing your application!

13