

Summer 2020 Newsletter

Occupational Safety & Health (OSH) Minor

Department of Health, Kinesiology and Recreation

Health Promotion

Undergraduate OSH Education at the University of Utah

The six course OSH Minor in the College of Health is open to all undergraduates at the University. It involves six semester courses and an internship. Help with internships and scholarship opportunities are available. Regardless of your current major or career path, this minor will open doors for you as all industries have need of people with some formal training in this area. The OSH Minor is an excellent complement to any major but especially to those in the Colleges of Health, Business and Engineering.

Demand for Occupational Safety & Health Professionals Still High!

An April 24, 2020 Google search entitled “safety jobs in Utah” returned over 100 hits with assortment of OSH job vacancies listed. Vacant positions ranged from OSH intern, junior safety professional, safety technician, safety professional and Safety Manager

U.S. Bureau of Labor Statistics Report-Highlights

OSH Opportunities – April 10, 2020



Health & Safety Engineers (Professionals)
2019 Median Pay: \$91,410 or \$43.95 per hour
Number of jobs in 2018: 27,000
Job Outlook 2018-2028: 5% growth

Kinesiology Majors

Considering a career as a physician, nurse or physical therapist? Occupational Medicine is one of the nation's fastest growing medical specialty practice areas. The nationally renowned Rocky Mountain Center for Occupational and Environmental Health (RMCOEH) is located right here at the University and offers several highly rated graduate programs. The OSH minor will give you real world experience and an education that will be of great value to you in that career. If you are contemplating a career as a physical therapist, the OSH Minor, especially the ergonomics education, will be especially helpful. Contact your Advisor for more information!

Student Comments about the OSH Minor

"Now that I have completed all the classroom instruction for the Occupational Safety and Health Minor, I can tell you that it is worth it! I took the first course on a whim because I really enjoyed a Parks, Recreation, and Tourism Risk Management Unit, and it has forever changed my life. Even if you aren't going into Occupational Safety and Health or Industrial Hygiene, it is a part of every workplace, and it is good to understand it. I whole heartedly believe that if I don't get a position with the sole purpose of Occupational Safety and Health, the skills I learned within the minor will help me interface with the safety professional on site in a more productive manner than before. I also think this minor is very cross functional, as I have used many of the skills learned in these classes in my Parks, Recreation, and Tourism classes. Take the intro course, it's worth it!!" **Matthew Cutler**

"I am currently in the minor because many of the teaching goals align with my interests in my future. I chose chemical engineering because I loved chemistry, however, I became disillusioned when the entirety of the job market that they were advertising had to do with working in a plant or a lab. I wanted to use my major to be used as an asset to people and I feel like this is the best way. I enjoy safety and being able to think creatively to improve the lives of workers. I am slowly increasing my confidence when refining these skills. I feel as if I'm actually given the necessary tools to be successful in the workplace. No matter which career you choose, safety will always be a driving factor." **Rachel Sunada**

Choosing the OSH minor at the University of Utah was an opportunity I am glad to have had. I am currently pursuing my major in Health Promotion and Education with an Emergency Medical Services Emphasis. One of the big reasons why I chose to pursue the minor is because OSH will be present in almost all the career fields that we will be entering into after graduation. It doesn't matter what your degree will be in. Not only does the OSH minor look good to your future employer but it also gives you a deeper understanding on why industry practices and standards are implemented. **Kameron Sandoval**

For More Information contact your academic advisor. You may also contact the following:

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