

# B.S. HEALTH & KINESIOLOGY



## HEALTH & PHYSICAL EDUCATION TEACHING EMPHASIS

### 2020-2021 Catalog

UNIVERSITY REQUIREMENTS		Hrs Completed	GPA:	
Complete a minimum of 122 hours				
Complete 40 hours Upper Division (3000 level and higher)				
GENERAL EDUCATION:		Attribute	Completed	Grade
American Institutions:	Pick one: HIST 1700, ECON 1740, or POLS 1100	AI		
Writing:	WRTG 2010 (minimum grade C-)	WR		
Quantitative Reasoning:	MATH 1050 or higher (except statistics)	QA		
	Statistics (Pick one: Math 1040, 1070, PSY 3000*, FCS 3210*, OIS 2340*, SOC 3112*)	QB		
Intellectual Explorations:	Fine Arts (2 needed)	FF/FF		
	Humanities (2 needed)	HF/HF		
	Physical/ Life Science	SF		
	Physical/ Life Science or Applied Science	SF or AS	NUIP 1020	
Bachelor's Degree:	Social/ Behavioral Science	BF	<i>waived</i>	
	Upper Division Communication/Writing	CW		
	Diversity	DV		
	Upper Division International	IR		
	BS Quantitative Intensive	QI	KINES 4465	
	BS Quantitative Intensive	QI		
	Foreign Language		<i>waived</i>	
REQUIRED CORE COURSES:		Credit Hrs	Completed	Grade
MATH 1050 (QA)	College Algebra (Prereq MATH 1010)	4		
STATISTICS	Statistics (Pick one: Math 1040, 1070, PSY 3000*, FCS 3210*, OIS 2340*, SOC 3112*)	3		
ECS 2150	Introduction to Multicultural Education	3		
ETHNC 2550, 2560, 2570, 2580, or 2590	Pick one Ethnic Studies Course	3		
ED PS 3721	Child Development and Learning	3		
BIOL 2325 or H EDU 4650	Human Anatomy or Anatomy & Physiology for Health	4		
H EDU 1010	Healthy Lifestyles	3		
H EDU 3000	Human Sexuality	3		
H EDU 3160	Stress Management	3		
H EDU 4180	Prevention Practices	3		
H EDU 4230	Health Teaching in Secondary Schools	3		
KINES 3200*	Introduction to Coaching	3		
KINES 3550 or 3551	Application of Human Motor Development or Motor Behavior	3		
KINES 3710	Elementary Methods	3	Spring Only	
KINES 4465 (QI)	Exercise Programming	3		
KINES 4650	Introduction to Teaching Special PE	3	Spring Only	
KINES 4710	Secondary Methods (Recommended Prereq KINES 3710)	3	Fall Only	
SP ED 5022	Principles of Instruction & Behavioral Support	3		
NUIP 1020* (AS)	Scientific Foundations of Human Nutrition and Health	3		
KINES 5491	Seminar: Student Teaching	3	Spring Only	
KINES 5495	Student Teaching in Physical Education	9		
H EDU 2000 (or approved AED/CPR/First Aid certifications)	First Aid and Emergency Care	2		
ESSF	Exercise and Sport Science Fitness (any 2 credits)	2		

\*Courses with an asterisk are typically offered online

This worksheet is intended to be used as a guide only. Check current pre requisites and degree requirements at "catalog.utah.edu"

**An Overall G.P.A. of 3.0 is required to declare and also must be maintained for this program.**

To apply into this program email Dr. Tim Brusseau, [tim.brusseau@utah.edu](mailto:tim.brusseau@utah.edu), explaining the reasonings for why you'd like to become a Health and Physical Education Teacher Please also include a professional letter of recommendation.