

*\*This assessment review was compiled by our students and is intended to be used as a guide in assisting clinicians. We encourage you to review the evaluations and assessments for yourself to guarantee the most accurate and updated information.*

## I. General Information

**Title of the test:** Volitional Questionnaire

**Author:** Carmen Gloria de las Heras, Rebecca Geist, Gary Kielhofner, and Yanling Li

**Publisher:** MOHO Clearinghouse

**Time required to administer:** The amount of time that is required for the client to participate in an occupation. It takes five minutes to score after the observation.

**Cost of the Test:** \$40.00

## II. Description of Test

### **Type/Purpose of Test:**

- Provides insight into a person's inner motives.
- Provides information of how the environment affects volition.
- Helps to generate goals and assess outcomes/changes in volition.

**Population:** Any individual that has difficulty with volition across different environments.

### **Focus of measurement:**

Organic systems    Abilities    Participation/life habits    Environmental Factors

## III. Practical Administration

**Ease of Administration:** The administration is relatively simple as it requires the therapist to observe the client participate in occupations in a variety of settings.

**Clarity of Directions:** Clear

**Scoring Procedures:** Made up of 14 questions that are split into three different groups 1. Intrinsic motivation, 2. Personal causation, and 3. Values/interests. This can be done during treatment sessions as it requires the therapist to observe the client in an occupation. Each item is scored with a four point scale that indicates whether the client is passive, hesitant, involved, or spontaneous.

**Examiner Qualification & Training:** No training is needed, but the therapist should be familiar with the assessment and a keen observation.

## IV. Technical Considerations

**Standardization:**  Norms    Criterion Referenced    Other Observational questionnaire

**Reliability:** Inter-rater reliability of .75-.90

**Validity:** Unable to find information

Manual: \_\_\_\_ Excellent

X Adequate

\_\_\_\_ Poor

**What is (are) the setting/s that you would anticipate using this assessment?**

This assessment could be used with any individual with volitional deficits. This assessment could be used with a variety of populations such as pediatrics, adolescents, adults, and geriatric population. The settings in which you could use this assessment need to allow the therapist to observe the client in a variety of environments. This may be difficult in settings such as inpatient rehabilitation, outpatient, acute care, and skilled nursing facility. It is more likely that this assessment should be utilized in settings such as home health, school district, and community.

**Summary of strengths and weaknesses**

**Weakness:**

- The reliability and validity were not provided by the manual or by the website. This information was found in an article and its purpose was to determine the psychometrics.

**Strength:**

- Occupation-based and client-centered assessment.
- Easy to score.
- From the score the therapist can introduce occupations that are new for the client.