

**This assessment review was compiled by our students and is intended to be used as a guide in assisting clinicians. We encourage you to review the evaluations and assessments for yourself to guarantee the most accurate and updated information.*

I. General Information

Title of the test: Stroke Specific Quality of Life (SS-QOL)

Author: Linda S. Williams, Morris Weinberger, Lisa E. Harris, Daniel O. Clark and José Biller

Publisher: (no publishers)

You can find the form with all items at <http://www.strokecenter.org/trials/scales/ssqol.html>

An article is also available at <http://stroke.ahajournals.org/cgi/content/full/30/7/1362>

Time required to administer: 10 – 15 minutes

Cost of the Test: Free

II. Description of Test

Type/Purpose of Test:

TYPE - Self-report questionnaire.

PURPOSE – Measures stroke specific changes in quality of life for individuals who have had a stroke. This evaluation consists of 49 items that focus on 12 areas of health-related quality of life. The areas include the following: energy, family roles, language, mobility, mood, personality, self-care, social roles, thinking, vision, upper-extremity function and work productivity

Population: Individuals who have had a mild to moderate stroke and 1 – 3 months post stroke.

Focus of measurement:

Organic systems Abilities Participation/life habits Environmental Factors

III. Practical Administration

Ease of Administration: Simple to administer. It can be done over the phone or in person or on the individuals own time.

Clarity of Directions: For the practitioner, there are not any guidelines to follow.

The rating scale may be difficult to understand for the person who is filling out the form.

Scoring Procedures: There is not a scoring procedure. The full version of this evaluation has a line for the practitioner to tally all of the scores. This evaluation gives the practitioner insight on how their client's performance has been impacted due to the stroke.

Examiner Qualification & Training: None

IV. Technical Considerations

Standardization: Not standardized Norms Criterion Referenced Other

Reliability: Cronbachs 0.73

Validity: Internal consistency showed to be apparent when compared to other quality of life measures such as the Health-Related Quality of Life measure (HR-QOL).

Manual: No Manual

What is (are) the setting/s that you would anticipate using this assessment?

Home health, outpatient clinic, hospital rehab depending on length of stay

Summary of strengths and weaknesses:

Weakness:

- The rating scale is not clear for the client filling out the form.

Strength:

- It informs the practitioner of deficits that are stroke specific rather than generic complications of a stroke.
- Items on evaluation address topics most relevant to strokes.
- It requires professional reasoning to evaluate the client's responses.