

Occupation based treatment kits

Ideas for FW projects

The ideas listed below can help FW students generate ideas for projects or help practitioners to build their own kits. This is not an exhaustive list, it is only meant to stimulate thinking.

Childcare

Bottle, formula, car seat, swaddle, formula dispenser, bottle brush, diaper, bathing supplies, life size baby doll, clothes

Tool use – Assembly

Electrical Wiring – Tools and supplies to change mock wall outlet, change light fixture, rewire a plug, kite making, and science projects

PVC Assembly – sprinkler system, ladder, golf, doll chair, lap table, marshmallow shooter

Employment

Job Search Binder – How to tie a Windsor knot (with tie), resume writing worksheet, career interest finder, interview questions, job applications, role play situations

Event Planning

Planning Event – Budget, invitations, streamers, centerpieces, calendar, banner, gift wrapping/bows, party planning instructions, thank you cards, various sizes of boxes, tape and scissors

Vacation Planning – Various travel brochures and designed activities, vacation planning sheet, suitcase, packing items

Suitcase – clothes, toiletries, travel items, airport guides, and designed activities

Gardening

Pots, potting soil, planting guides for problem solving planting strategies, set of hedge clippers, pruning shears, water can, seeds

Home Care

Managing mail – junk mail, bills

Cleaning – Picture sequence cards, setting the table instructions, prioritizing to-do list, broom, dustpan, and window squeegee

Laundry – instructions and various laundry activities, sequencing, folding, sorting, hangers, ironing, clothes basket, clothes, stain remover

Maps and Transportation

Reading a map – various maps, designed activities, magnifying glasses, shortest route

Reading a schedule (online or on paper) – plan ride share, find a location, give directions

Meal Planning

Meal planning workbook – cookbooks, grocery shopping list, picking ingredients, special diets

Medication Management

Medication – Pill boxes, weekly pill organizer, “pills,” bottles interpreting directions, side effects, problem doses, OTC instructions, “How to refill”

Money/Finances

Blank checks, balance sheets, calculator, bills, newspaper ads, budgeting, coupons, comparison shopping, reading bills

Money Management – fake money, fake credit cards, wallet, various money items and tasks, online bill pay, auto payments

School Participation

Take notes, plan/prioritize assignments, find classroom, communication

Nutrition

Nutrition labels – various food packages/nutrition labels, serving sizes

Nutrition books – complete Food and Nutrition Guide, cookbooks, nutritional meals for kids

Computer use/Office

Monthly filing folder, clinic billing sheets, staple, envelopes

Computer – appropriate use of social media, spam/scams, programs/apps, organize files/photos, learn accessibility features, online shopping

Pet Care

Pet care box – litter box (with tootsie rolls), “dog,” bag of food, leash and collar, brush, ball, plan walking schedule/route

Restaurant

Menus/Restaurants – various real menus from around town (in different languages, with pictures), tip card, restaurant etiquette, carrying tray, managing wrappers

Sewing

Sewing kit – various sewing supplies, clothes that need mending, holes, buttons, hems, simple projects

Shopping

Coupon sorter, ads, food wrappers linked to coupons, scissors, bagging food, ads and tasks to find the best prices, putting food away, managing produce bags, activity for shopping in newspaper classifieds, online shopping

Social Participation

Social etiquette, taking messages, dating etiquette, conversation cards, dating pictures, hygiene

Role play – introductions, small talk, body language

Going to Movies Binder – plan a movie date, budget, timeline

Outdoor Recreations

Fishing, various poles, fishing line, various lures, etc.

Camping – put up a tent, in/out of sleeping bag, pack bag, plan a hike, emergency/first aid kit, dress appropriately

Music

Simple instruments to play, make instruments, dance