

<b>KINESIOLOGY (previously known as Exercise and Sport Science)</b>				
<b>Emphasis: Fitness &amp; Wellness 2016-2017</b>				
<b>COURSE THAT MUST BE COMPLETED OR IN PROGRESS AT TIME OF DECLARATION:</b>		<b>Credit Hrs</b>	<b>Completed</b>	<b>Grade</b>
<b>*KINES 2500</b>	Exploration of Movement Science	3		
<b>REQUIRED CORE COURSES:</b>				
<b>*MATH 1050 (QA)</b>	College Algebra (see MATH Dept for prereq)	4		
<b>*MATH 1040 or 1070 (QB/QI)</b> or PSY 3000 or FCS 3210 or SOC 3112	Statistics (see MATH Dept for prereq)	3		
<b>BIOL 2325</b>	Human Anatomy	4		
<b>BIOL 2420 (AS)</b>	Human Physiology (Prereq BIOL 1210 & CHEM 1110 or 1210) *can be substituted with a major elective course unless needed as Pre-Professional Pre-requisite. See ADVISOR	4		
<b>*KINES 2600 (BF)</b>	Sport and American Society	3		
<b>KINES 3091 (QI)</b>	Exercise Physiology (Prereq BIOL 2325 & MATH 1050)	3		
<b>KINES 3092</b>	Kinesiology (Prereq BIOL 2325)	3		
<b>KINES 3340</b>	Sport Psychology	3		
<b>KINES 3350</b>	Exercise Psychology	3		
<b>KINES 3670</b>	PA Epidemiology (Prereq KINES 3091)	3		
<b>KINES 4464</b>	Exercise Instructor Training	3		
<b>KINES 4465 (QI)</b>	Exercise Programming (Prereq KINES 3091 & KINES 3092)	3		
<b>KINES 4466</b>	Applied Exercise Programming (Coreq KINES 4465)	3		
<b>KINES 4670</b>	Aging and Exercise (Prereq KINES 3091; Coreq KINES 4465)	3		
<b>KINES 4690</b>	Training & Planning (Coreq KINES 3091)	3		
<b>KINES 4800</b>	Practicum (Prereq KINES 4464, KINES 4465, & KINES 4466) Active First Aid/CPR/AED Certifications required for registration. Permission code required -see ADVISOR.	4		
<b>KINES 4810</b>	Supervised Internship (Prereq KINES 4800) Active First Aid/CPR/AED Certifications required for registration. Permission code required -see ADVISOR.	6		
<b>*NUTR 1020 (AS)</b>	Scientific Foundations of Nutrition and Health	3		
<b>*NUIP 5360</b>	Weight Management (Rec. Prereq NUTR 1020 or NUTR 4440)	3		

<b>9 REQUIRED ELECTIVE HOURS: *Minimum 3 credit hrs from KINES/ATSM</b>		<b>Credit Hrs</b>	<b>Completed</b>	<b>Grade</b>
<b>ATSM 3300</b>	Intro. to Sports Medicine	3		
<b>KINES 3093 (QI)</b>	Biomechanics	3		
<b>*KINES 3200</b>	Intro. to Coaching	3		
<b>KINES 3551</b>	Appl. of Human Motor Development	3		
<b>KINES 4301</b>	Exercise Physiology Lab (Coreq KINES 3091)	3		
<b>*KINES 4387</b>	Resistance Training (Coreq KINES 3091)	3		
<b>KINES 4610</b>	Teaching to Improve Behavior & Skill in PE & Sport	3		
<b>KINES 4650</b>	Intro. to Teaching Special PE (Prereq KINES 4610)	3		
<b>KINES 4780</b>	Psychology of Sport Injury	3		
<b>KINES 4999</b>	Honor's Thesis (Honors students only)	3		
<b>*ENTP 1010 (BF)</b>	Entrepreneurship and Society	3		
<b>ENTP 1020 (AS)</b>	Entrepreneurship and the Startup Methods	3		
<b>ENTP 2010</b>	Entrepreneurship Marketing	3		
<b>ENTP 2020</b>	Entrepreneurship Finance	3		
<b>H EDU 2100</b>	Intro to Health Professions	3		
<b>H EDU 3030</b>	Medical Terminology	3		
<b>*H EDU 3150 (CW)</b>	Health and Human Relations	2		
<b>H EDU 3160</b>	Stress Management	3		
<b>H EDU 3190</b>	Death and Dying	3		
<b>H EDU 3400</b>	Health Concerns of Women	3		
<b>H EDU 4310</b>	Health Promotion and Marketing	3		
<b>H EDU 5060 (IR)</b>	Global Health Promotion	3		
<b>H EDU 5300 (DV, CW)</b>	Diversity and Health	3		

		Credit Hrs	Completed	Grade
*H EDU 5370	Health and Optimal Aging	3		
*H EDU 5420	Applied Health Promotion Technology	3		
*NURS 2100 (BF)	Human Development: A Lifespan Approach to Health	3		
NURS 2270	Pathophysiology (Prereq BIOL 2325, 2420 & CHEM 1110 & 1120)	3		
*NUTR 3010	Nutrition Intervention (Prereq BIOL 1210 or CHEM 1120 & BIOL 2325 or BIOL 2420)	4		
*NUTR 3550	Healthy Weight for Life (Prereq NUTR 1020 & 4440)	3		
NUTR 3620 (IR)	Cultural Aspects of Food	3		
NUTR 4440 (AS)	Advanced Human Nutrition (Rec. Prereq NUTR 1020 & BIOL 1210)	4		
*NUIP 5320	Nutr. for Exercise and Sport (Rec. Prereq NUTR 1020 & KINES 3091)	3		
NUIP 5340 (DV)	Nutrition and Women's Health (Rec. Prereq NUTR 1020 or 4440)	3		
NUIP 5350	Eating Disorders: Prevention and Treatment	3		
*NUIP 5380	Understanding Dietary Supplement <sup>s</sup> (Rec. Prereq NUTR 1020, 4440, or 3010)	3		
*NUIP 5420	Applied Nutr. Through the Lifecycle (Prereq NUTR 1020, 3010, or 4440)	3		
NUIP 5650	Eating for Justice and Health	3		
OC TH 3000	Intro to Occupational Therapy	3		
PATH 3100	Intro to Medical Microbiology	3		
*PH TH 1010	Foundations of Physical Therapy	2		
PRT 3207	Management in Parks, Recreation, and Tourism	3		
*PRT 3211	PRT Experiences and Services Marketing	3		
*PRT 3310 (DV)	Leisure Behavior and Human Diversity	3		
PRT 3510	Trends and Issues in Community Recreation and Sport Management	3		
PRT 3520	Liability and Risk Management in PRT	3		
*PRT 3610 (IR)	The Global Citizen	3		
*PRT 3700	Computer Applications in PRT	2		
PRT 3780 (QI)	Program and Service Evaluation in PRT	3		
*PRT 5395 (QI)	Financial Management in PRT (Prereq PRT 3100 & PRT 3700)	3		
PRT 5490	Business of Sport	3		
PRT 5495	The Business of Government and Nonprofits in PRT	3		
PRT 5650	Eating for Justice and Health	3		
<b>Core Hours: 67</b>	<b>Elective Hours: 9</b>	<b>Total Hours: 76</b>		

\* Typically offered online (check catalog each semester)

Check the current course catalog found online for current prerequisites at "catalog.utah.edu".

This worksheet is intended to be used as a guide. You are encouraged to meet with a KINES academic advisor.

Regularly review degree requirements through CIS under "My Degree Dashboard" (formerly DARS).