

**Department of Health and Kinesiology  
College of Health  
University of Utah  
Health Education Minor Application  
Effective spring 2020**

Name: \_\_\_\_\_ Student ID: \_\_\_\_\_ Date: \_\_\_\_\_  
Email: \_\_\_\_\_ Catalog Year: \_\_\_\_\_ GPA: \_\_\_\_\_  
Major: \_\_\_\_\_  
Anticipated Graduation: \_\_\_\_\_

1. Students selecting a Health minor must complete the application form and submit to the academic advisor (HPR N-200). Students must maintain a 2.0 GPA. All courses must be successfully passed with C-. **(18 Credits)**
2. Students with a Health minor must pay careful attention to the prerequisite courses required as well as other specific courses required to fulfill the University general education requirements.
3. Students should meet with their academic advisor at least once every semester to ensure correct scheduling of coursework.

**Health Minor Required Courses (must take both courses):**

HEDU 1010- Healthy Lifestyles (3 cr)	F	S	Su
HEDU 3050- Community Health Issues (3 cr)	F	S	Su

**Health Minor Elective Courses: (must take 12 credits)**

HEDU 2000- First Aid & CPR (2 cr)	F	S	Su
HEDU 3000- Human Sexuality (3 cr)	F	S	
HEDU 3160- Stress Management (3 cr)	F	S	Su
HEDU 3190- Death and Dying (3 cr)	F	S	Su
*HEDU 3020- Patient Education (3 cr)	S		
HEDU 3350- Eating Disorders and Body Image (3 cr)	F	S	Su
HEDU 4180- Prevention Practices in Hlth Promotion (3 cr)	F	S	Su
HEDU 4350- Personal Resiliency (3 cr)	S		

**Total: 18 credits**

***\*by instructor permission to waive pre-requisite courses***

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Advisor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_