

Aussie Avo Toast

Serving size: 4

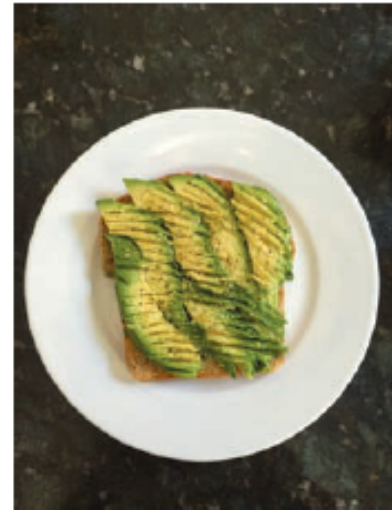
Ingredients:

4 slices toasted bread
4 cloves garlic with one end sliced off
2 avocados, sliced
olive oil
coarse salt
pepper

Toppings

(whatever you have on hand or prefer):

sliced radishes
pea shoots
micro greens
sliced tomatoes
egg (boiled, poached, fried, scrambled)



Directions:

Aussie Avo Toast

1. Rub 1 clove of garlic over each slice of toast.
2. Top with half an avocado, mash slightly with a fork (so it doesn't fall off).
3. Drizzle with olive oil
4. Sprinkle with coarse salt and pepper

Toppings:

Add whatever you have on hand or prefer:

Sliced radishes
Pea shoots
Micro greens
Sliced tomatoes
Egg (boiled, poached, fried, scrambled)