

The University of Utah Student-Run Pro Bono Physical Therapy Clinic
Attending Physical Therapist Procedures
Midvale-Saturday/Thursday

Address:

49 Center Street
Midvale, UT 84047

Time:

Saturday: Please arrive by 7:45am. The first appointment will be at 8:00am. The students should be done with all documentation by 12:00pm but plan on 12:30pm to be safe.

Thursday: Please arrive by 5:30. The first appointment will be at 5:45. The students should be done with all documentation by 9:00pm but plan on 9:15 to be safe.

Overview of clinic operations:

- There are two treatment teams consisting of 2 students (1st year and 2nd year, 1st year and 3rd year, 2nd year and 3rd year, two 2nd years or two 3rd years) for each volunteer day who will be providing the treatment. Both teams will be checking in with you throughout the appointment.
- The patient schedule will generally be one of the following for each treatment team.
 - One new patient with one return patient
 - Three return patients
- This is subject to change due to no-shows and walk-in patients, but we try to follow this model as closely as possible.
- The office personnel take care of scheduling, new patient paperwork, tracking of charts, referrals, etc.

List of duties as an attending:

1. Introduce yourself to the student teams and office personnel
 - a. The students will be looking at patient charts and planning their evaluation or treatment when you arrive.
 - b. At this point you can ask the students how much guidance they want from you. Or you can set how much supervision you will be providing the students. You are free to be as involved as you would like. This is ultimately up to you and your discretion.
2. Introduce yourself to each patient when the patient comes into the treatment space.
3. Students will check-in with you at 3 points during an evaluation: (see example at end of document)
 - a. After taking a history.
 - b. After the physical examination.
 - c. At the conclusion of the appointment.
 - d. **(Please keep these meetings to 5 minutes each in order to stay on schedule.)**
4. Provide feedback, guidance, and/or answer questions the students may have.
5. Look over student's documentation and provide necessary changes that need to be made.
6. Sign off on the student's documentation at the end of the appointment. (Documentation is the student's responsibility; you simply need to make sure you sign the evaluation or follow-up note.)

- a. **All documentation must be completed prior to leaving for the day.**
7. If time allows, hold a “wrap-up” session with the students. This is a great time for you to provide the students with feedback both positive and negative. Students have thoroughly enjoyed when the attending physical therapist has the time to do this.
8. Complete a follow-up online survey that will be sent to your email address after your volunteer shift.

Equipment:

- The clinic has some basic exercises equipment and supplies including: resistance bands, tape, splints, compression stocks, e-stim, etc. (We continue to get donations)
- HEP2GO.com is used to print home exercise program instructions.
- Wifi is available, if you'd like to connect to it just ask one of the student volunteers to provide you with the login and password.

Special Notes:

- It is imperative that students stay on top of documentation throughout the evaluation or treatment session. They know this, but it may help if you check in and make sure they are staying caught up. This means getting documentation done at the end of each patient before the next patient is seen. This will get everyone out of the clinic on time.
- If a patient needs referral to an outside source (surgery, x-ray, etc.), the CBC has access to specialty providers. The students will write who to and why the patient needs to be referred on a sticky note on the outside of the chart and then the front desk will schedule the referral.
- If the students are unable to complete the documentation by the time you need to leave, it is possible for the students to email you the completed documentation using a secured email. If this is to arise the students have been educated on this process and will inform you on the process as you are there.

Student professionalism:

- We hope that the Clinic is a forum for productive and constructive feedback, and are working to provide attending clinicians with different opportunities for student feedback.
- If you identify a student demonstrating any yellow flags in regard to professionalism or skills, there are a few forums to productively (and non-punitively) address those concerns.
 - First, you are welcome to email the student directly to provide specific comments and areas for students to specifically work on (maybe some skills or resources that may help that individual).
 - Second, you can email Reva Rauk (REVA.RAUK@hsc.utah.edu), our Department's clinical coordinator, who can address these concerns with students

In case of emergencies/need to cancel, please contact:

Laila: laila.gerace@utah.edu 503.753.8858

Becky: r.m.palmer@utah.edu 858-335-5135

How to report to the Attending PT

1. Post History

- a. Patient Profile: demographic info, occupation, behavioral/cognitive status, manner by which physical therapy services were initiated, reason for referral/CC, manner of referral
- b. Account of Current Condition: HPI, MOI, Evaluations, Dx tests, date of onset, tx/course of events since onset, past history of current condition (any related/similar episodes), Medications – OTC or MD Rx, any benefit for current problem, taking as directed, med schedule, dx tests: dates/timing & results
- c. Symptoms: LOCIDAA+
- d. Current Function/Disability: standardized questionnaires
- e. PMH, health Risk Factors: Other Medical Care / hospitalizations or serious illness, Pregnancy, Family history, Potential Red Flags
- f. Other information: Personal and Environmental Factors, Pt goals, contraindications/precautions
- g. Systems Review: Cardiopulmonary, Neuromuscular, Integumentary, Musculoskeletal, Cognitive function
- h. *at the end include 2-3 possibilities of what you think the pathology is. Discuss relevant tests you would like to do and ask for attending's input.

1. Pre Intervention

- a. Summary Statement
 - i. Probable tissues at fault
 - ii. Hypothesis about underlying causes
 - iii. Acuity/irritability/severity of problem
 - iv. May include APTA practice pattern, other diagnostic or tx-based classification
- b. Problem list
 - i. Impairments
 - ii. Functional Limitations

2. Pre Leaving for the day

- a. Patient Response
 - i. What exercises the patient did, what was tolerated, what wasn't, what HEP you gave the patient, when you plan to have the patient return, any other pertinent information obtained.