

University of Utah Department of Physical Therapy

Sample Student Objectives

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Adult Outpatient

Week 1: The student will:

1. Complete orientation to the facility (risk management, safety, tour, etc.).
2. Introduce self to department staff.
3. Shadow the CI to become familiar with the patients and procedures.
4. Participate in an initial evaluation with <90-100% assistance.
5. Measure and characterize pain with <75% assistance.
6. Actively participate in treatment interventions with <90-100% assistance.
7. Complete at least one progress note with <90-100% supervision with comparison to CI's note for the same patient.
8. Ensure patient safety with <50% cues from the CI.
9. Perform correct body mechanics with <50 % cues from CI.
10. Demonstrate appropriate universal precautions with <50% cues from CI.
11. Provide feedback to CI regarding level of supervision, teaching methods etc.

Week 2: The student will:

1. Complete orientation including patient scheduling, meetings, etc.
2. Complete an initial evaluation with <75-90% assistance from the CI.
3. Measure and characterize pain with <50% assistance.
4. Select and perform examination tests and measures with <75-90% assistance from the CI for each practice pattern.
5. Synthesize available data on a patient/client to include impairment, functional limitation, and disability participation restrictions with <75-90% assistance.
6. Cite the evidence (patient/client history, lab diagnostics, tests and measures and scientific literature) to support clinical decisions with <75-90% assistance.
7. Integrate the examination findings to classify the problem into a practice pattern or ICD 9 code with <75-90% assistance from the CI.
8. Identify and prioritize impairments to determine a specific dysfunction towards which the intervention will be directed with <75-90% assistance.
9. Select and prioritize the essential treatment interventions that are safe and meet the specific functional goals/outcomes in the plan of care with <75-90% assistance from CI.
10. Implement and assess effectiveness of treatment interventions with <75-90% assistance from CI.
11. Document progress notes and familiar initial evaluations with <75-90% assistance.
12. Write measurable functional goals that are time referenced with <75-90% assistance.
13. Ensure patient safety with <50% cues from the CI.
14. Perform correct body mechanics with <50 % cues from CI.
15. Demonstrate appropriate universal precautions and with < 50% cues from CI.
16. Complete daily activity log/billing sheets with <75-90% assistance.
17. Demonstrate initiative with all duties including active adult learning.
18. Participate in discharge planning and/or dispensing equipment with <75-90% assistance.
19. Differentiate between discharge, discontinuation of service and transfer of care (includes wellness program) with <75-90% assistance.

Week 3: The student will:

1. Perform 50% of the scheduled treatments and 25% of evaluations.

2. Fully complete an initial evaluation with <50-75% assistance from CI.
3. Measure and characterize pain with <25% assistance.
4. Select and perform examination tests and measures with <50-75% assistance from the CI for each practice pattern.
5. Synthesize available data on a patient/client expressed in terms of the disablement model to include impairment, functional limitation, and disability participation restrictions with <50-75% assistance.
6. Cite the evidence (patient/client history, lab diagnostics, tests and measures and scientific literature) to support clinical decisions with <50-75% assistance.
7. Integrate the examination findings to classify the problem into a practice pattern or ICD 9 code with <50-75% assistance from the CI.
8. Identify and prioritize impairments to determine a specific dysfunction towards which the intervention will be directed with <50-75% assistance.
9. Select and prioritize the essential treatment interventions that are safe and meet the specific functional goals/outcomes in the plan of care with <50-75% assistance from CI.
10. Implement and assess effectiveness of treatment interventions addressing impairments, activity limitations and specific patient goals with <50-75% feedback from CI.
11. Perform correct body mechanics with <10% cues from CI.
12. Document progress notes and initial evaluations with <50-75% feedback from CI.
13. Write measurable functional goals that are time referenced with <50-75% assistance.
14. Ensure patient safety with <25% cues from the CI.
15. Perform correct body mechanics with <25% cues from the CI.
16. Demonstrate appropriate universal precautions with <25% cues from CI.
17. Complete daily activity log/billing sheets with <25-50% assistance.
18. Participate in discharge planning, including family education, ordering of equipment with <50-75% assistance from CI.
19. Differentiate between discharge, discontinuation of service and transfer of care (includes wellness) with <50-75% assistance.
20. Determine project to be completed after discussion with CI.

Week 4-5: The student will:

1. Perform 75% of the scheduled treatments and 50% of the evaluations.
2. Fully complete initial evaluation with <25-50% assistance/feedback from CI.
3. Measure and characterize pain independently.
4. Select and perform examination tests and measures with <25-50% assistance from the CI for each practice pattern.
5. Synthesize available data on a patient/client expressed in terms of the disablement model to include impairment, functional limitation, and disability participation restrictions with <25-50% assistance.
6. Cite the evidence (patient/client history, lab diagnostics, tests and measures and scientific literature) to support clinical decisions with <25-50% assistance.
7. Integrate the examination findings to classify the problem into a practice pattern or ICD 9 code with <25-50% assistance from the CI.
8. Identify and prioritize impairments to determine a specific dysfunction towards which the intervention will be directed with <25-50% assistance.
9. Select and prioritize the essential treatment interventions that are safe and meet the specific functional goals/outcomes in the plan of care with <25-50% assistance from CI.
10. Implement and assess effectiveness of treatment interventions with <25-50% assistance/feedback from CI.
11. Document all progress notes and initial evaluations with <25-50% assistance from CI.
12. Write measurable functional goals that are time referenced with <25-50% assistance.
13. Ensure patient safety independently.
14. Perform correct body mechanics independently.
15. Demonstrate appropriate universal precautions independently.

16. Complete daily activity log/billing sheets independently.
17. Perform discharge planning with <25-50% assistance/feedback.
18. Differentiate between discharge, discontinuation of service and transfer of care (includes wellness) with <25-50% assistance.
19. Work on project independently.
20. Complete midterm as appropriate. If significant issues noted, call DCE/ACCE.
21. Provide feedback to CI regarding level of supervision, teaching methods etc.

Week 6-7: The student will:

1. Perform 100% of the scheduled treatments and 75% of evaluations.
2. Fully complete initial evaluation with feedback <25% of the time.
3. Measure and characterize pain independently.
4. Select and perform examination tests and measures with <25% assistance from the CI for each practice pattern.
5. Synthesize available data on a patient/client expressed in terms of the disablement model to include impairment, functional limitation, and disability participation restrictions with <25% assistance.
6. Cite the evidence (patient/client history, lab diagnostics, tests and measures and scientific literature) to support clinical decisions with <25% assistance.
7. Integrate the examination findings to classify the problem into a practice pattern or ICD 9 code with <25% assistance from the CI.
8. Identify and prioritize impairments to determine a specific dysfunction towards which the intervention will be directed with <25% assistance.
9. Select and prioritize the essential treatment interventions that are safe and meet the specific functional goals/outcomes in the plan of care with <25% assistance from CI.
10. Develop treatment interventions with feedback <25% of the time.
11. Implement and assess effectiveness of treatment interventions with feedback <25% of the time.
12. Complete all patient documentation with feedback <25% of the time.
13. Write measurable functional goals that are time referenced with <25% assistance.
14. Perform discharge planning with <25% feedback.
15. Differentiate between discharge, discontinuation of service and transfer of care (includes wellness program) with <25% assistance.
16. Continue to work on project independently, schedule presentation time as appropriate.
17. If appropriate, meet/observe other disciplines, surgery, specialty areas, etc.

Weeks 8-9: The student will:

1. Perform 100% of the scheduled treatments and evaluations.
2. Complete initial evaluations independently.
3. Select and perform examination tests and measures independently, for each practice pattern.
4. Synthesize available data on a patient/client expressed in terms of the disablement model to include impairment, functional limitation, and disability participation restrictions independently.
5. Cite the evidence (patient/client history, lab diagnostics, tests and measures and scientific literature) to support clinical decisions independently.
6. Integrate the examination findings to classify the problem into a practice pattern or ICD 9 code independently.
7. Identify and prioritize impairments to determine a specific dysfunction towards which the intervention will be directed independently.
8. Select and prioritize the essential treatment interventions that are safe and meet the specific functional goals/outcomes in the plan of care independently.
9. Develop treatment interventions independently.
10. Implement and assess effectiveness of treatment interventions independently.
11. Complete all documentation independently.
12. Write measurable functional goals that are time referenced independently.

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13. Perform discharge planning independently.
 14. Continue to observe other activities as appropriate.

Weeks 10: The student will:

1. Complete the project.
2. Complete all documentation to the satisfaction of the CI.
3. Complete treatment interventions to the satisfaction of the CI.
4. Complete discharge planning without reminders from CI.
5. Complete all educational experiences desired.
6. Perform all duties of an entry level physical therapist.
7. Complete final assessment.
8. Provide feedback to CI regarding the experience and recommendations for future students.