# Table of Contents

Recreational Therapy Program Information........................................................................................................ 4
  Location ......................................................................................................................................................... 4
  Departmental Numbers..................................................................................................................................... 4
  Accreditation.................................................................................................................................................. 4

Missions and Visions .............................................................................................................................................. 5
  Mission Statement of the University of Utah .................................................................................................. 5
  Mission Statement of the Health Science Center .......................................................................................... 5
  College of Health (CoH) Vision of Excellence ............................................................................................... 6
  Mission Statement of the Department of Occupational and Recreational Therapies (OTRT) ................. 7
  Recreational Therapy (RT) Vision Statement................................................................................................. 7
  Recreational Therapy Mission Statement....................................................................................................... 7
  Recreational Therapy Program Purpose......................................................................................................... 7
  Recreational Therapy Student Learning Outcomes....................................................................................... 8
  Inclusion Statement....................................................................................................................................... 8

Procedures for New Students ............................................................................................................................. 8
  Meeting with the Academic Advisor............................................................................................................. 8
  FERPA Release and Distance Advising.......................................................................................................... 9
  Declaring the Major......................................................................................................................................... 9
  Course Schedule Planning............................................................................................................................. 9
  General Education & Bachelor's Degree Requirements............................................................................... 9
  Degree Plan ................................................................................................................................................. 9
  Build Your Plan........................................................................................................................................... 10
  My Degree Audit........................................................................................................................................ 11

Recreational Therapy Degree Requirements...................................................................................................... 13

Curriculum Requirements ....................................................................................................................................... 15
  Scholastic Standards..................................................................................................................................... 15
  Academic Expectations................................................................................................................................. 15
  Canvas.......................................................................................................................................................... 15
  Changes in Requirements............................................................................................................................. 15
  Scholarly Writing......................................................................................................................................... 15
  Disability and Clinical Rotation Courses...................................................................................................... 16
Recreational Therapy Program Information

Location
The Recreational Therapy Program is located in the Department of Occupational and Recreational Therapies
HPEB-Dumke Health Professions Education Building
520 Wakara Way
Salt Lake City, Utah 84108
Department Phone: 801-585-9135
https://www.health.utah.edu/occupational-recreational-therapies/

Departmental Numbers
Security—(emergency)  801-585-COPS (2677)
Department Main Number  801-585-9135
Department Fax Number  801-585-1001

Sandra K. Negley MS, MTRS, CTRS, FDRT
Assistant Professor (Lecturer)
Program Director of Recreational Therapy
Office: 330 HPEB
801-581-8868
sandra.negley@health.utah.edu

Steven A. Bell PhD, TRS, CTRS
Assistant Professor (Lecturer)
Program Coordinator of Clinical Education
Office: 373 HPEB
801-581-6062
steven.bell@health.utah.edu

Rhonda Nelson, PhD, CTRS, MT-BS
Assistant Professor
Director of Recreational Therapy Research Lab
Office: 369 HPEB
801-213-6993
Rhonda.nelson@hsc.utah.edu

Lorie Richards, PhD, OTR/L, FAOTA
Associate Professor
Department Chair
Office: 368 HPEB
801-585-1069
lorie.richards@hsc.utah.edu

Kelly Brown
Academic Advisor
Office: 362 HPEB
801-585-0555
kelly.brown@hsc.utah.edu

Carrie Cox
Administrative Assistant
Office: 361 HPEB
801-585-1107
carrie.cox@hsc.utah.edu

Accreditation
The University of Utah has maintained its accreditation through the Northwest Commission on Colleges and Universities (NWCCU) continuously since 1933. Accreditation through NWCCU means that the institution meets the Commission’s established standards of educational quality and effectiveness. Accredited status indicates that the institution:
1-has clearly defined an appropriate educational objectives;
2-operates under conditions by which achievement of those educational objectives can reasonably be expected;
3-is substantially accomplishing its educational objectives;
4-is organized, staffed, and supported to warrant confidence that it will continue to
achieve its educational objectives in the foreseeable future.

Missions and Visions

Mission Statement of the University of Utah

The University of Utah fosters student success by preparing students from diverse backgrounds for lives of impact as leaders and citizens. We generate and share new knowledge, discoveries, and innovations, and we engage local and global communities to promote education, health, and quality of life. These contributions, in addition to responsible stewardship of our intellectual, physical, and financial resource, ensure the long-term success and viability of the institution.

Teaching

In its role as teaching institution, the University of Utah offers instruction in baccalaureate, masters, and doctoral degree programs. Its colleges, graduate, and professional schools include architecture, business, education, engineering, fine arts, health, humanities, law, medicine, mines and earth sciences, nursing, pharmacy, science, social and behavioral science, and social work. The University commits itself to providing challenging instruction for all its students, from both Utah and other states and nations, and encourages interdisciplinary work and the integration of instruction and research opportunities. It expects and rewards superior teaching and academic excellence among its faculty. It seeks the broad and liberal education of all its students and their familiarity with a changing world.

Research

In its role as Research University, the University of Utah fosters the discovery and humane use of knowledge and artistic creation in all areas of academic, professional, and clinical study. In both basic and applied research, the University measures achievement against national and international standards. Rigorous assessment and review are central to advancing its research programs and creative activities, as are participation and leadership in national and international academic disciplines. The University also cooperates in research and creative activities with other agencies and institutions of higher education, with the community, and with private enterprise.

Public Life

In its role as contributor to public life, the University of Utah fosters reflection on the values and goals of society. The University augments its own programs and enriches the larger community with its libraries, hospitals, museums, botanical gardens, broadcast stations, public lectures, continuing education programs, alumni programs, athletics, recreational opportunities, music, theater, film, dance, and other cultural events. The University facilitates the application of research findings to the health and well-being of Utah's citizens through programs and services available to the community. The University's faculty, staff, and students are encouraged to contribute time and expertise to community and professional service, to national and international affairs and governance, and to matters of civic dialogue.

Mission Statement of the Health Science Center

The University of Utah Health Sciences Center serves the people of Utah and beyond by continually improving individual and community health and quality of life. This is achieved through excellence in patient care, education, and research; each is vital to our mission and each makes the others stronger.
- We provide compassionate care without compromise.
- We educate scientists and health care professionals for the future.
- We engage in research to advance knowledge and well-being.

**College of Health (CoH) Vision of Excellence**

**Creation of New Knowledge**
- Raise the level of prominence of the CoH research program through development and implementation of a research strategic plan
- Focus on interdisciplinary programs that might leverage other Health Sciences and University initiatives, e.g.,
  - Diabetes/metabolism/obesity
  - Cancer and physical activity
  - Neurosciences including traumatic brain and spinal cord injury
  - Overall management of persons with chronic diseases
- Explore potential of shared and cluster hires with CoH, School of Medicine, and Colleges of Pharmacy, Nursing, Engineering, Education, and Social Work

**Academic Program Development**
- Timely establishment of new programs to address changing landscape of health care
- Explore potential of several new programs, e.g.,
  - BS and MS degrees in Interdisciplinary Health and Health Technology
  - MS degrees in Integrative Health, Clinical Health, Health Technology, and Disability Studies
  - MS degrees in Prosthetics/Orthotics
  - PhD in Nutrition
- Consider creation of an online pre-health professions degree (marketed especially to underserved and non-traditional students)

**High Impact Educational Practices**
- Development of a model undergraduate research program, building on Undergraduate Research Opportunities Program
- Internationalization of the curriculum with enhanced opportunities for student and faculty international exchanges
- Engagement of students in community-based research and service, building on Community Engaged Learning activities
- Expand current student participation within U’s Honors College and Learning Communities
- Enhance inter-professional approaches to teaching, research, and clinical education

**Organizational Structure, Infrastructure, and Space**
- Review organizational structure of departments/divisions/programs to optimally position CoH
- Relocate administrative operations of CoH to the Health Sciences campus
- Create a CoH Office of Research
- Participate in the campus master planning process for the Health Sciences campus
- Explore co-location of more departments/divisions/programs of the CoH

**Diversity and Inclusive Excellence**
- Champion initiatives around diversity, multicultural awareness, and inclusive excellence with CoH and across the U
• Increase the diversity of the faculty, staff, and student populations
• Contribute to diversifying the health professions workforce through recruitment and support of diverse students
• Central role to be played by CoH Diversity and Inclusion Committee

Health Sciences Collaboration
• Collaborate with health care leaders to support quality, patient safety, and cost-reduction initiatives
• Leverage CoH’s strengths in wellness and across the continuum of care to support Health Sciences’ health care transformation initiatives
• Cultivate community leaders and potential philanthropic partners to help develop a world class College of Health

Mission Statement of the Department of Occupational and Recreational Therapies (OTRT)
To discover and transmit knowledge through research, education, and service relevant to occupational therapy and recreational therapy. Our research emphasizes the promotion of health and participation in valued life activities using an interdisciplinary and collaborative approach. We are committed to providing a safe and inclusive space for a diverse group of students to participate in a high quality, transformative educational experience. We prepare innovative OT and RT practitioners and scholars who provide evidence-based service. Our scholarly, educational, service and clinical activities meet unique needs of our communities.

Recreational Therapy (RT) Vision Statement
To be a national leader in the academic preparation and advancement of the profession of recreational therapy.

Recreational Therapy Mission Statement
The Recreational Therapy Program is committed to the development and advancement of a curriculum that addresses the social responsibility of assisting individuals with disabling conditions in prevention, habilitation, restoration, and rehabilitation. It seeks to provide transformative experiences for the recreational therapy student that enable the achievement of academic excellence from a nationally recognized institution in the preparation of Recreational Therapists. The recreational therapy faculty seeks to collaborate with other health care professions to advance interdisciplinary inquiry, research, and practice to create a more holistic approach to health care in an environment that serves all people.

Recreational Therapy Program Purpose
The Bachelor’s Degree in Recreational Therapy (RT) is designed to address all requirements of the National Council for Therapeutic Recreation Certification (NCTRC) National Job Analysis, the American Therapeutic Recreation Association’s (ATRA) curriculum guidelines, and the Committee on Accreditation of Recreational Therapy Education (CARTE) standards. Students acquire both the theoretical and practical skills necessary for the practice of RT, such as assessment, treatment planning, problem-solving, behavior analysis, evidence-based intervention implementation, evaluation, and documentation. Students engage in client-based experiences in order to develop
an understanding of consumer health needs within community-based programs as well as treatment-based services. Upon completion of the RT program the student is prepared to sit for the NCTRC examination in meeting the requirements for both national certification and Utah State licensing. Graduates of the UU-RT program consistently score higher than the national average on the national certification exam.

Recreational Therapy Student Learning Outcomes

- The student will demonstrate the academic competencies needed to complete the BS/BA requirements for a Degree in Recreational Therapy at the University of Utah.
- The student will successfully complete an internship experience and demonstrate the clinical job tasks as defined in the NCTRC Job Analysis.
- The student will demonstrate the role of advocacy for individuals with disabilities through clinical placements, internship experiences, and community engagement.
- The student will demonstrate understanding of the importance of professional advocacy and commitment through engagement in professional organizations and events.

Inclusion Statement

The Department of Occupational and Recreational Therapies faculty and staff strive to provide an inclusive environment that fosters respect. This is supported by the following principles outlined by the Office for Inclusive Excellence. http://respectu.utah.edu/.

- We believe that inclusion and diversity are fundamental to the success of the university, and its students, staff, faculty, and administrators. A collective commitment to diversity and inclusion enriches learning and prepares students to become actively engaged in our local and global society as responsible citizens.
- We strive to nurture a culture of inclusion that respects the humanity of all peoples. We do not support acts of intolerance against another’s race, ethnicity, age, sexual orientation, gender, gender identity and expression, ability, socioeconomic status, veteran status, size, national origin, language, religion or any other real or perceived differences based on an individual’s identity.
- We aim to promote a climate of respect and shared responsibility that cultivates and sustains transformative practices by forging spaces of possibility where people feel safe, valued, welcomed, and respected. These ideals are intrinsic to collaborative partnerships and our University’s mission “to serve the people of Utah and the world.”

Procedures for New Students

Meeting with the Academic Advisor

Schedule an appointment with the Academic Advisor, Kelly Brown for career exploration, development of recreational therapy degree plan, and major declaration. Bring to your appointment all handouts used for program planning. When communicating via email, be sure to include your student ID. To schedule an appointment, visit https://advisingam.utah.edu/amonline/default.aspx?AG=270.
FERPA Release and Distance Advising

General advising questions can be answered through email, telephone, or SKYPE. For specific questions of a confidential nature, a FERPA release is required. To learn more, go to your CIS -> Student Records -> FERPA Release Consent. Read the release form. Select which campus groups can release the student's information (i.e., Academic Advisor). Create a PIN to verify access. Create a list of names/addresses of the individuals of whom the University agencies are authorized to share information.

On the occasion that a student requires an urgent advising decision and the academic advisor is not available and cannot be expected to be available within the time frame needed for those decisions, the approval authority will be as follows:

1. Academic Advisor
2. Program Director
3. Director of Undergraduate Studies
4. Department Chair

Declaring the Major

A student must have a declared major in order to graduate. You want to declare the recreational therapy major as soon as possible in your academic career. Students need to meet with the RT academic advisor to declare the major. By declaring a major early in your academic process you establish a catalog year and this sets your degree requirements, it establishes a major for scholarship purposes, and it helps avoid a registration hold as you plan for graduation.

Course Schedule Planning

The Department makes every effort to plan quality courses and schedule them in such a way as to benefit the majority of student needs and interests. It is important that students check the schedules and plan their curriculum carefully. High priority must be given to completing General Education requirements.

General Education & Bachelor’s Degree Requirements

The University QA (MATH 1030, MATH 1050, or MATH 1090) and WR2 (WRTG 2010) must be completed before enrollment in RECTH courses. It is strongly recommended that all general education requirements are completed before embarking on the RT major. Students will want to consider matching university graduation requirements (DV, CW & IR) with RT electives and/or supportive coursework.

Students need to also consider taking general education courses that are prerequisites for later courses. For example, BIOL 1210 fills a SF requirement and is a recommended prerequisite for human anatomy. Students will need to ensure that required prerequisite courses are met prior to enrolling in any RT supportive coursework.

Degree Plan

Developing a degree plan allows you to choose the program you wish to major in and the classes you will need to complete the degree. The first step is to login to your CIS page, find the graduation panel and select “My Degree Dashboard”. In “My Degree Dashboard”, select the plans tab at the top left corner of the page, under the University
of Utah logo. This will take you to the "Manage My Plans" page. If you are creating a new plan, select "Create a New Plan".

Select the College of Health for your planned program, followed by RT major, then degree type (ex. Bachelor of Science is BS and Bachelor of Arts is BA). Select your declared catalog year, or the most recent catalog year if you have not yet declared RT as your major. Name your plan, select the next semester you plan to take courses, type in the year that matches that term, and select how many years you have until graduation. Click "Next", you will be directed to the plan you have just created. (retrieved from http://mydegreedashboard.utah.edu/plans.php)

Build Your Plan
Once you have added your plan, you can build your plan! To build or edit your plan, you must first login to your CIS page, find the graduation panel and select My Degree Dashboard.

In “My Degree Dashboard”, select the “Plans” tab at the top left corner of the page, under the University of Utah logo. This will take you to the "Manage My Plans" page. Simply click on your plan name to build or edit that plan. You can also access your plan by going to the “Action” column and clicking on the drop down list of the plan you wish to edit. Within that drop down list of actions you can edit your plan, rename your plan, copy your plan, or delete you plan.

Once you are in your plan you will see the audit on the left side and your semester-by-semester plan on the right side. You will need to understand how to read an audit in order to be able to understand how to build your plan because you will be building from the audit. If you do not know how to read an audit go to the audits page and find the tab “Read My Audit” to learn more.

When you click on an unfulfilled requirement in the audit it will open and you will be able to see a list of courses you can select from to fulfill that requirement. If you click on one of those courses, you will be able to see the name of that course, a description of the course, and any general education or bachelor degree requirements it covers. To add a class to your plan you must click and drag the class you want from the audit to the appropriate semester in your semester-by-semester plan.

Once you have planned for all the courses needed to fulfill a specific requirement, if you click on the check mark at the top of your plan it will refresh the audit, checking it against your plan, and whatever requirements you have planned for will now have a purple box next to them. After you’ve completed your plan schedule an appointment with the RT academic advisor so she can ensure your plan is the best plan for you and will successfully get you to graduation!

- **Add Course**: This button allows you to add classes to your plan that are not on your audit.
- **Add Message**: This button allows you to put a specific reminder in your plan, for example you can choose to but a reminder to apply for graduation in the semester that you will need to apply for graduation.
This button allows you to delete classes within a semester. Simply click the button and choose the course(s) you want to remove.

This button allows you to add a semester to your plan. Just click this button, select the semester you want (fall, spring, or summer), choose the year you want it, then click "OK" and a new semester will be in your plan!

This button will allow you to delete an entire semester from your plan.

This button will compare your planned courses in your semester-by-semester plan with the required courses in your audit. It will mark any courses you planned for with a purple box in the audit. This allows you to double check that you have planned for everything you need and did not skip anything by accident.

This button will show you a full audit with all the classes you built into your plan. The classes you have planned for will show up with a purple box next to them in the audit.

This button allows you to wipe your plan clean and start from scratch. If you started creating your plan and need to completely start over, this button will help you with that. It gives you a perfectly clean slate to work with.

(retrieved from http://mydegreedashboard.utah.edu/plans.php)

My Degree Audit

Students are encouraged to review their Degree Audit regularly. This tool is used during advising appointments to ensure that students are meeting the RT major requirements, maintaining minimum grades and GPA and plan future courses. Students are encouraged to meet with the RT Academic Advisor each semester to check progress.

A Declared Audit will only work for you if you have a declared program. The Declared Audit will show your progress toward graduation within your declared program. (To check your progress toward graduation if you do not have a declared program you can run a What-If Audit and scheduling an appointment with the RT academic advisor.)

To run a Declared Audit, you must log into your CIS page, find the graduation panel, and select “My Degree Dashboard”. The Degree Dashboard will allow you to navigate to the “Request an Audit” page in two different ways:

1. If this is your first time running an audit you will see a Welcome page saying “Welcome to My Degree Dashboard” underneath that, you will see a gray box that says “Request an Audit”. Click on the “Request an Audit” page. If you or your advisor have ran an audit prior, the most recent audit will be your landing page. In the upper right hand corner of your audit, you will see a gray box that says "Request an Audit" click this link.
2. On the “My Degree Dashboard” click the “Audits” tab in the upper left hand corner of the page and select “Request New”. Your Degree Dashboard will automatically pull in all your declared programs. When you get to the “Request an Audit” page, under “Declared Programs” you should see all the programs you have declared. In order to run your declared audit you will select the gray box that says "Run Declared Programs". If you only have one declared program, by clicking on “Run Declared Programs”, your Degree Dashboard will automatically load your declared audit. However, if you have more than one declared program, by clicking on “Run Declared Programs”, your Degree Dashboard will take you to the Manage page where it will load up new audits for all of your declared programs and you will select the Recreational Therapy or "View Audit". (Retrieved from http://mydegreedashboard.utah.edu/audits.php)
# Recreational Therapy Degree Requirements

**2017-2018**

## Recreational Therapy Required Courses

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Name</th>
<th>CR</th>
<th>Sem Offered</th>
<th>Order</th>
<th>Sem Taken/Planned</th>
<th>Prerequisites</th>
</tr>
</thead>
<tbody>
<tr>
<td>RECTH 3330</td>
<td>Foundations of Recreational Therapy</td>
<td>3</td>
<td>Fall</td>
<td>1</td>
<td></td>
<td>WR2 and QA</td>
</tr>
<tr>
<td>RECTH 4300</td>
<td>Recreational Therapy and Individuals with ID</td>
<td>3</td>
<td>Fall</td>
<td>1</td>
<td></td>
<td>WR2 and QA</td>
</tr>
<tr>
<td>RECTH 3360</td>
<td>Assessment, Documentation and Eval in Recreation Therapy</td>
<td>4</td>
<td>Spr</td>
<td>2</td>
<td></td>
<td>RECTH 3330, 4300 with a C or better</td>
</tr>
<tr>
<td>RECTH 4310</td>
<td>Recreational Therapy and the Elderly</td>
<td>3</td>
<td>Spr</td>
<td>2</td>
<td></td>
<td>RECTH 3330, 4300 with a C or better</td>
</tr>
<tr>
<td>RECTH 4320</td>
<td>Recreational Therapy and Physical Medicine</td>
<td>3</td>
<td>Fall</td>
<td>3</td>
<td></td>
<td>RECTH 3360, 4310 with a C or better; Recommended: Anatomy</td>
</tr>
<tr>
<td>RECTH 5360</td>
<td>Techniques and Facilitation in Recreational Therapy</td>
<td>3</td>
<td>Fall</td>
<td>3</td>
<td></td>
<td>RECTH 3360, 4310 with a C or better</td>
</tr>
<tr>
<td>RECTH 4330</td>
<td>Recreational Therapy and Mental Health Services</td>
<td>3</td>
<td>Spr</td>
<td>4</td>
<td></td>
<td>RECTH 4320, 5360 with a C or better; Recommended: PSY 3400</td>
</tr>
<tr>
<td>RECTH 5300</td>
<td>Management in Recreational Therapy</td>
<td>3</td>
<td>Spr</td>
<td>4</td>
<td></td>
<td>RECTH 4320, 5360 with a C or better</td>
</tr>
<tr>
<td>RECTH 5350</td>
<td>Advancement of Recreational Therapy Clinical and Prof Analysis</td>
<td>3</td>
<td>Spr</td>
<td>4</td>
<td></td>
<td>RECTH 4320, 5360 with a C or better</td>
</tr>
<tr>
<td>RECTH 5828</td>
<td>Recreational Therapy Internship</td>
<td>12</td>
<td>Fall, Spr, Sum</td>
<td>5</td>
<td></td>
<td>All RECTH coursework completed with a C or better; GPA 2.5; 1st aid/CPR; Department consent</td>
</tr>
</tbody>
</table>

| Sub-Total | 40 |

- All RECTH courses must be completed with a grade of C or better.
- Supportive coursework must be completed with a C- or better.
- A minimum 2.5 cumulative GPA required prior to enrolling in RECTH 5828.

**MINIMUM TOTAL CREDIT HOURS: 69**
<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Name</th>
<th>CR</th>
<th>Semester Offered</th>
<th>Sem Taken/Planned</th>
<th>Pre-requisites</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIOL 2325 AND BIOL 2420 OR</td>
<td>Human Anatomy AND Human Physiology (AS)</td>
<td>4</td>
<td>Fall, Spr, Sum Fall, Spr, Sum</td>
<td></td>
<td>BIOL 1210 &amp; CHEM 1110</td>
</tr>
<tr>
<td>H EDU 4650</td>
<td>Anat and Phys for Health</td>
<td>4</td>
<td>Fall, Spr, Sum</td>
<td></td>
<td></td>
</tr>
<tr>
<td>KINES 3092</td>
<td>Kinesiology</td>
<td>3</td>
<td>Fall, Spr, Sum</td>
<td></td>
<td>BIOL 2325 OR H EDU 4650; Need permission code to register</td>
</tr>
<tr>
<td>FCS 1500 OR NURS 2100</td>
<td>Human Development/ Lifespan</td>
<td>3</td>
<td>Fall, Spr, Sum</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PSY 3400</td>
<td>Psych of Abnormal Behavior</td>
<td>3</td>
<td>Fall, Spr, Sum</td>
<td></td>
<td>PSY 1010</td>
</tr>
<tr>
<td>SOC 3112 OR PSY 3000</td>
<td>Social Stats (QB &amp; QI) OR Psychological stats (QB &amp; QI)</td>
<td>4</td>
<td>Fall, Spr, Sum Fall, Spr, Sum</td>
<td></td>
<td>PSY 1010 &amp; MATH 1030 or higher</td>
</tr>
<tr>
<td>PRT 5395</td>
<td>Financial Management (QI)</td>
<td>3</td>
<td>Fall, Sum</td>
<td></td>
<td>PRT 3700 or computer proficiency; Need permission code to register</td>
</tr>
</tbody>
</table>

Supportive coursework must be completed with a C- or better.

**Alternate Health Care Course (take one)**

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Name</th>
<th>CR</th>
<th>Semester Offered</th>
<th>Sem Taken/Planned</th>
</tr>
</thead>
<tbody>
<tr>
<td>H EDU 5100 OR H EDU 3050 OR SOC 3671 OR FCS 5430 OR POLS 5324</td>
<td>Health Care in the USA OR Community Health Issues OR Sociology of Health OR Families, Consumers &amp; Health OR Disabilities Studies (DV)</td>
<td>3</td>
<td>Fall, Sum Fall, Spr, Sum Spr</td>
<td>23 or 27</td>
</tr>
</tbody>
</table>

**Elective Course(s):**

**Must take at least 3 credits (Social Science or Humanities). Must be 3000 level or higher.**

The class will need to contribute to understanding of health and human services and/or reinforce the students’ area of specialization. If supportive course work is less than 26 credits, additional electives will be added to enhance supportive coursework hours. Course options from FCS, GERON, H EDU, NUTR, PHIL, PRT, PSY, SOC, SP ED, cultural focus. Students may wish to consider a minor or certificate ([https://advising.utah.edu/majors/quick-look/index.php](https://advising.utah.edu/majors/quick-look/index.php)) to enhance their recreational therapy curriculum.

**A FEW SUGGESTED COURSES:**

<table>
<thead>
<tr>
<th>Course #</th>
<th>Course Name</th>
<th>CR</th>
<th>Semester Offered</th>
<th>Sem Taken/Planned</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANTH 4110</td>
<td>Women Cross Culturally (IR)</td>
<td>H EDU 5350</td>
<td>Eating Disorders</td>
<td></td>
</tr>
<tr>
<td>FCS 3370</td>
<td>Parenting Across Cultures (IR)</td>
<td>PRT 5735</td>
<td>Prog for positive youth De</td>
<td></td>
</tr>
<tr>
<td>FCS 5370</td>
<td>Family Violence (CW)</td>
<td>PRT 5730</td>
<td>Dynamics of Youth Dev</td>
<td></td>
</tr>
<tr>
<td>GERON 5005</td>
<td>Diversity in Aging (DV)</td>
<td>PSY 3120</td>
<td>Cognitive Psychology</td>
<td></td>
</tr>
<tr>
<td>GERON 5235</td>
<td>Cognitive &amp; Emotional Aging</td>
<td>PSY 3220</td>
<td>Childhood &amp; Adolescent Dev</td>
<td></td>
</tr>
<tr>
<td>GNDR 4110</td>
<td>Women Cross Culturally (IR)</td>
<td>PSY 3700</td>
<td>Drugs &amp; Behavior</td>
<td></td>
</tr>
<tr>
<td>H EDU 5060</td>
<td>Global Health Promotion (IR)</td>
<td>SOC 3769</td>
<td>Social Disparities Heath (DV)</td>
<td></td>
</tr>
<tr>
<td>H EDU 5300</td>
<td>Div and Health (DV &amp; CW)</td>
<td>SP ED 3010</td>
<td>Human Exceptionality (DV)</td>
<td></td>
</tr>
</tbody>
</table>
Curriculum Requirements

Scholastic Standards

Recreational Therapy students are held to a high level of professional standards. The ability to function as a recreational therapist will depend upon the knowledge related to the competencies of the profession and the ability to perform the tasks necessary to deliver evidence-based practice. The faculty, therefore, encourage you to maintain the highest level of achievement. You are investing in your future as a professional person and in the success of the profession. Students will be encouraged to demonstrate high scholastic and professional behavior standards. Our goal as a faculty is to assist you in reaching your academic and professional goals.

Academic Expectations

The Department of Occupational and Recreational Therapies (OTRT) Recreational Therapy program is designed sequentially to enhance the clinical learning process. Students are expected to complete each RECTH course with a grade of C or higher. Supportive coursework must be completed with a grade of C- or higher. Students must also maintain a minimum cumulative GPA of 2.5. If a student is failing to meet the minimal expectations of the RT program the RT Program Director may ask to meet with the student and together design a plan for success.

Canvas

The University of Utah conducts communication with their student body through the CIS system. CIS is your gateway to all secure university information. You will need to enter CIS to access the CANVAS system. By the time you begin your RECTH courses you will most likely be proficient in both of these systems however, as a transfer student one or both of the systems may be new. The university has specially designed tutorials to help navigate each system. The RT academic advisor or your instructor/professor would be glad to guide you in the specifics of the department or individual class.

Each RECTH course will be posted on CANVAS. The RT faculty member will communicate the course requirements, assignment details, and grading process through CANVAS. Each faculty member will have their own style of organization and will provide orientation to the expectations and information placed on CANVAS.

Changes in Requirements

If the requirements for the RT degree change, the student may follow their original approved degree plan or elect to follow the new plan that includes the changes. If a course is no longer offered, every effort will be made to find an appropriate substitute.

Scholarly Writing

The Department of Occupational and Recreational Therapies expects students to follow the standards of the latest edition of the *Publication Manual of the American Psychological Association* in preparing scholarly papers. The decision to follow the
APA format is based on the fact that, at the University of Utah, APA is the most widely used format within the Social and Behavioral Science area. Students are expected to acquire and use this valuable resource. http://www.apastyle.org/apa-style-help.aspx

The following academic expectations and standards are to be followed in every RT course unless the instructor indicates a specific change or difference. All standards are the minimum level required.

**Papers**
All reports and papers must be neatly typed or otherwise prepared on word processing software. Grades will be reduced for poor quality, organization, composition, grammar, and/or spelling.

**Plagiarism**
All work must be original (your own work for each class) unless cited by reference. Plagiarism violations are subject to prosecution under university student behavior regulations. All students need to be familiar with the Student Code (http://regulations.utah.edu/academics/6-400.php).

**Due Dates, Absences, and Class Attendance Policies**
Each faculty member will clearly outline their expectations in individual course syllabi.

**Final Examinations**
It is against University policy for faculty to administer final examinations at a time other than the period designated by the University calendar. At the beginning of each semester, the student is responsible to determine if any of their registered classes have final exams and determine the specific date and time of each exam. Each course’s syllabi should also reference final exam schedule for the individual class. Students need to plan ahead for final examination as faculty are required to follow university policy.

**Incompletes**
University policy states that an incomplete may be given only when the student has passed at least 80% of the course work. The incomplete must be completed within a one year period and the faculty member must submit a grade change form or a E grade will be submitted.

**Disability and Clinical Rotation Courses**
The Recreational Therapy curriculum has designed a series of courses (RECTH 4300, 4310, 4320, 4330) that introduce the student to the broad spectrum of disorders and services provided for the population. These classes not only include academic content but also require a clinical rotation to expose students to the population and services. Clinical placements will vary given the geographical location, services provided, and placement availability. Some of the clinical placements will be with licensed and certified recreational therapists and others may be with other interdisciplinary healthcare professionals.
Ethical Conduct and Behavior
Recreational therapy students are expected to follow the standards of professional conduct as outlined in the American Therapeutic Recreation Association’s code of ethics
https://www.atra-online.com/welcome/about-atra/ethics. Students are also expected to adhere to the University of Utah’s Student Code of Conduct
http://regulations.utah.edu/academics/6-400.php. Failure to comply with these expectations may result in disciplinary or corrective action.

Leaves of Absence
A Leave of Absence allows degree-seeking undergraduate students who have registered for and completed university credit classes to request an extension of their enrollment eligibility for a maximum period of seven consecutive semesters (including summers). Requests are reviewed on a case-by-case basis and may be granted for the following reasons: illness (personal or familial), military service, humanitarian or religious service, or participation in a University of Utah sponsored program. Retrieved from http://registrar.utah.edu/handbook/leave.php

Grievance Policy
If a student disagrees with the grade received in a class there is a grievance process:
1. Schedule a meeting, in person, with the instructor/professor of the class.
2. If meeting with the instructor/professor does not result in a satisfactory outcome the student can then meet with RT Program Director. (If the professor is the RT Program Director the student can go directly to the Chair of the Occupational and Recreational Therapies Department.)
3. If the student does not feel a satisfactory outcome has been reached after meeting with the RT Program Director the student should then collect all information from the class and prior meetings with the instructor/professor and the program director and meet, in person with the Chair of the Occupational and Recreational Therapies Department.
4. If the student still feels the situation has escalated and a fair and reasonable outcome has not been accomplished the student can then go to Assistant Dean of Students in the CoH.

Dress Code
1. Classroom attire is casual. However, discretion should be used regarding revealing clothing (i.e. bare midriff, form fitting, low riding pants, low cut shirts, short shorts, etc.).
2. When giving a presentation you are expected to wear professional attire. This includes classroom presentations and definitely includes any presentation or meeting outside of the classroom.
3. When attending external events and activities such as conferences, site visits or completing your clinical rotations, students are expected to dress professionally and in a manner that represents the student, the recreational therapy program, and the
university in a professional manner. At the very minimum attire should be nice slacks and a top. (i.e. no running shoes, no jeans, no shorts, no really high heels or revealing clothing). If in doubt about what to wear, err on the side of being conservatively or over-dressed rather than under-dressed. It would also be advisable to ask about the appropriate dress code for the event or placement. There may be a few exceptions where it would be more appropriate to dress down and wear more casual clothes—these exceptions will be noted for you. It is the responsibility of the student if they are unclear about appropriate dress for a particular activity to ask the faculty member in charge of event or clinical placement supervisor.

4. The agencies for your clinical placements may require specific clothing or have their own dress code. You will be notified of this and will be expected to follow all agency requirements. Not following agency dress code is grounds for termination of placement.

5. Your nametag/badge should be worn as part of your professional attire. It is absolutely critical that you wear your nametag/badge during clinical placements (unless otherwise noted).

Guests in Classroom
If a student would like to bring a guest to class, the student will need to make prior arrangements with the instructor/professor of that specific class. It is not standard practice to allow uninvited guests to the classroom and is up to the individual instructor/professor’s discretion.

Animals in Classroom
1. Service animals (as defined by the ADA) are welcome on campus and in the classroom. (www.disability.utah.edu/services/campus.php#service)
2. Emotional Support Animals are not allowed in the classroom. (www.disability.utah.edu/services/campus.php#service)
3. Pets are not allowed in the classroom. (Policy3-231: Control of Animals on Campus)

Internship
The Recreational Therapy Internship experience is provided through RECTH 5828. This experience is the critical connection between academia and practice and is designed to combine practical professional experience with the theoretical and philosophical foundations studied in traditional academic settings. Through the internship experience students grow professionally, intellectually, and personally. The student learns to identify and build on their strengths and interests, and address their limitations. The student also gains an appreciation of roles, responsibilities, and the actual practice of recreational therapy (RT).

Student Prerequisites
- RECTH 3330, RECTH 4300, RECTH 3360, RECTH 4310, RECTH 4320, RECTH 4330, RECTH 5300, RECTH 5350, & RECTH 5360;
- All RECTH coursework must be completed with a C or better grade prior to enrollment in RECTH 5828;
- It is highly recommended that all supportive course work be completed;
• Current first aid and CPR;
• Evidence of current immunizations;
• Evidence of health insurance;
• Current background check;
• Current drug screen upon request;
• Professional membership (URTA and/or ATRA);
• Minimal overall GPA of 2.5 for in-state, or 3.0 for out-of-state or remote supervision or 3.2 for international placement;
• The student is responsible for verifying with their clinical site, any other medical/health or legal requirements and documentation needed. Many sites may ask the student to complete a current TB test, Hepatitis B immunization, criminal background check and/or drug screen;
• Evidence of liability insurance if completing an out-of-state or international internship;
• Departmental approval.

**Student Eligibility Requirements:**
The student must complete and submit, Recreational Therapy Internship Form (Form 1) to the OTRT Academic Advisor by:
- Fall Semester, October 1,(proposed internship, Spring)
- Spring Semester, March 1, (proposed internship, Summer)
- Summer Semester, June 1, (proposed internship, Fall)

The Academic Advisor will review and notify student of eligibility. When the student meets all requirements and is eligible the Academic Advisor will forward the Recreational Therapy Eligibility Form (Form 1) to the Coordinator of Clinical Education.

Students need to plan ahead for the internship experience. The Recreational Therapy Internship Handbook is located on the OTRT Department web page [http://health.utah.edu/occupational-recreational-therapies/degrees/recreational-therapy/](http://health.utah.edu/occupational-recreational-therapies/degrees/recreational-therapy/) and should be referenced periodically in preparation for the 5828 internship requirement.

**Compliance Checks**

**Criminal Background Checks**
The Department of OTRT requires that all RT students undergo a criminal background check during the first semester of RECTH course work. This will be a requirement in the RECTH 4300 course. Students will need to complete the background check prior to beginning your clinical rotation hours in RECTH 4300. If a student has a criminal offense that could prohibit their clinical placement or their ability to be licensed or certified the Coordinator of Clinical Education will meet with the student and discuss possible options. Additional criminal background checks may be required by facilities or agencies prior to an internship placement. If the student has a criminal offense that may prohibit their ability to complete the functions required at their clinical placement i.e. motor vehicle infractions or intoxication, the Coordinator of Clinical Education must disclose this information to the agency.
The ORTR Department has an agreement with CastleBranch, a professional organization that will complete the background checks. 
https://www.castlebranch.com/online_submission/package_code.php?redirectFrom=cbg

Immunizations
The University of Utah requires all students show proof of MMR (measles, mumps and rubella) immunization prior to admission. However, many health care facilities will require proof of additional immunizations such as Varicella (Chickenpox), Hepatitis B, or Influenza. You may also be required to complete a Tuberculous (TB) screening or provide proof of Tetanus-Diphtheria-Pertussis (TdAp) that has been completed within the past 10 years. If these additional immunizations are required students will need this completed two months prior to the beginning of the internship.

Drug Screens
It is possible that students will be asked by their potential internship agency or one of the RECTH 4300 series courses to successfully complete a drug screen. The typical screen is a 5 panel urinalysis. The ORTR Department has arrangements with local labs where students can get their requested drug screen. Because drug screens are time sensitive they will only be required at the request of the internship or clinical rotation agency. Once the drug screen is completed the results will be sent to the Coordinator of Clinical Education. If a student fails, their drug screen (having positive percentages for the substances tested without medical documentation) they will be denied internship placement or registration in one of the RECTH 4300 series of courses. Once the student “passes” the drug screen they may be placed at an internship or clinical rotation site. Again, it may be necessary for the Coordinator of Clinical Education to report drug screen results to potential internship or clinical rotation sites. Students need to keep in mind that a failed drug test may delay the ability to register for RECTH 5828 or complete one of the 4300 courses until the subsequent semester that the course is offered.

Student Life Information
Wellness Statement
Personal concerns such as stress, anxiety, relationship difficulties, depression, cross-cultural differences, etc., can interfere with a student’s ability to succeed and thrive at the University of Utah. For helpful resources contact the Center for Student Wellness, http://wellness.utah.edu/; 801-581-7776.

The Americans with Disabilities Act
The University of Utah seeks to provide equal access to its programs, services, and activities for people with disabilities. If you will need accommodations in this class, reasonable prior notice needs to be given to the Center for Disability Services (CDS; http://disability.utah.edu/; 162 Olpin Union Building; (801)-581-5020). CDS will work with you and the instructor to make arrangements for accommodations. All written
information in this course can be made available in an alternative format with prior notification to the CDS.

It is the responsibility of the student to discuss any condition or disability that impacts his/her ability to fully take advantage of the learning opportunity being offered. Because of confidentiality policies, faculty will not share the information about a student’s accommodation needs. The student is responsible for notifying each instructor of any accommodations.

Addressing Sexual Misconduct
Title IX makes it clear that violence and harassment based on sex and gender (which includes sexual orientation and gender identity/expression) is a Civil Rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, color, religion, age, status as a person with a disability, veteran’s status or genetic information. If you or someone you know has been harassed or assaulted, you are encouraged to report it to the Title IX Coordinator in the Office of Equal Opportunity and Affirmative Action, 135 Park Building, 801-581-8365, or the Office of the Dean of Students, 270 Union Building, 801-581-7066. For support and confidential consultation, contact the Center for Student Wellness, 426 SSB, 801-581-7776. To report to the police, contact the Department of Public Safety, 801-585-2677(COPS).

Veterans Center
If you are a student veteran, I want you to know that the U of Utah has a Veterans Support Center on campus. They are located in Room 161 in the Olpin Union Building. Hours: M-F 8-5pm. Please visit their website for more information about what support they offer, a list of ongoing events and links to outside resources: http://veteranscenter.utah.edu/. Please also let me know if you need any additional support in this class for any reason.

LGBT Resource Center
If you are a member of the LGBTQ community, I want you to know that my classroom is a safe zone. Additionally, please know that the U of Utah has an LGBT Resource Center on campus. They are located in Room 409 in the Olpin Union Building; their hours are M-F 8-5 pm. You can visit their website to find more information about the support they can offer, a list of events through the center and links to additional resources: http://lgbt.utah.edu/. Please also let me know if there is any additional support you need in this class.

Learners of English as an Additional/Second Language
If you are an English language learner, please be aware of several resources on campus that will support you with your language development and writing. These resources include the Writing Center (http://writingcenter.utah.edu/); the Writing Program (http://writing-program.utah.edu/); the English Language Institute
Please let me know if there is any additional support you would like to discuss for this class.

**DREAMers & DACA Scholars**
If you identify as a DREAMers, or have recently been granted Deferred Action for Childhood Arrivals (DACA) status, the Office for Student Equity and Diversity is available to help students with information on how to access educational resources, find support and allies on campus, and navigate U of U procedures. Their hope is to help you and your family, feel welcome and be successful in your educational pursuits. (http://diversity.utah.edu/dreamers-daca-scholars/)

**Graduation Information**

**Graduation Requirements**
When a student has reached 90 credit hours, they will be eligible to apply for graduation. Students need to visit http://registrar.utah.edu/handbook/undergradgraduation.php and print the Applying to Graduate checklist http://registrar.utah.edu/_pdf/UG-Advisor-Checklist.pdf.

**Applying for Graduation**

- **Spring Graduation (May)** - November 1 of the preceding Fall Semester
- **Summer Graduation (August)** - February 1 of preceding Spring Semester
- **Fall Graduation (December)** - June 1 of preceding Summer Semester

To apply on or before the due date simply click on the “Apply for Graduation – Undergraduate” link under the Graduation menu box in Campus Information Services (CIS) and follow the instructions on each page. Note: This link does not become active until you have a minimum of 90 credits completed.

**If you do not apply for graduation by the above stated deadline, you will be charged a late fee and may have your graduation delayed.** Students are able to renew their graduation application once without penalty. Graduation applications will not be accepted more than one year in advance.

**Professional Certification and Credentialing**
All Recreational Therapy majors should familiarize themselves with the following two forms of Therapeutic Recreation Credentialing: State licensing (required for practice in the State of Utah, North Carolina, Oklahoma, and New Hampshire) and national certification as a Certified Therapeutic Recreation Specialist™ (CTRS®) provided through the National Council for Therapeutic Recreation Certification® (NCTRC ®).

The State of Utah requires a license to practice Recreational Therapy. The Utah Department of Commerce, Division of Occupational and Professional Licensing (DOPL) regulates professional licensing. In order to be licensed in the State of Utah as a TRS or MTRS level, one must meet all qualifications for national certification under the National
Council for Therapeutic Recreation Certification, and successfully pass the national exam. The Recreational Therapy Program at the University of Utah prepares the student to sit for the NCTRC exam.

References:
State of Utah Recreational Therapy Licensing Utah Department of Commerce-Division of Occupational and Professional Licensing: 
http://dopl.utah.gov/licensing/recreation_therapy.html

National Counsel for Therapeutic Recreation Certification (NCTRC): www.nctrc.org;
Appendix A: Code of Ethics

The American Therapeutic Recreation Association’s Code of Ethics is to be used as a guide for promoting and maintaining the highest standards of ethical behavior. The Code applies to all Recreational Therapy personnel. The term Recreational Therapy personnel includes Certified Therapeutic Recreation Specialists (CTRS), recreational therapy assistants and recreational therapy students. Acceptance of membership in the American Therapeutic Recreation Association commits a member to adherence to these principles.

PRINCIPLE 1: BENEFICENCE
Recreational Therapy personnel shall treat persons served in an ethical manner by actively making efforts to provide for their well-being by maximizing possible benefits and relieving, lessening, or minimizing possible harm.

PRINCIPLE 2: NON-MALEFICENCE
Recreational Therapy personnel have an obligation to use their knowledge, skills, abilities, and judgment to help persons while respecting their decisions and protecting them from harm.

PRINCIPLE 3: AUTONOMY
Recreational Therapy personnel have a duty to preserve and protect the right of each individual to make his/her own choices. Each individual is to be given the opportunity to determine his/her own course of action in accordance with a plan freely chosen. In the case of individuals who are unable to exercise autonomy with regard to their care, recreational therapy personnel have the duty to respect the decisions of their qualified legal representative.

PRINCIPLE 4: JUSTICE
Recreational Therapy personnel are responsible for ensuring that individuals are served fairly and that there is equity in the distribution of services. Individuals should receive services without regard to race, color, creed, gender, sexual orientation, age, disease/disability, social and financial status.

PRINCIPLE 5: FIDELITY
Recreational Therapy personnel have an obligation, first and foremost, to be loyal, faithful, and meet commitments made to persons receiving services. In addition, recreational Therapy personnel have a secondary obligation to colleagues, agencies, and the profession.

PRINCIPLE 6: VERACITY
Recreational Therapy personnel shall be truthful and honest. Deception, by being dishonest or omitting what is true, should always be avoided.

PRINCIPLE 7: INFORMED CONSENT
Recreational Therapy personnel should provide services characterized by mutual respect and shared decision making. These personnel are responsible for providing each individual receiving service with information regarding the services, benefits, outcomes, length of treatment, expected activities, risk and limitations, including the professional’s training and credentials. Informed consent is obtained when information
needed to make a reasoned decision is provided by the professional to competent persons seeking services who then decide whether or not to accept the treatment.

**PRINCIPLE 8: CONFIDENTIALITY & PRIVACY**
Recreational Therapy personnel have a duty to disclose all relevant information to persons seeking services: they also have a corresponding duty not to disclose private information to third parties. If a situation arises that requires disclosure of confidential information about an individual (i.e.: to protect the individual’s welfare or the interest of others) the professional has the responsibility to inform the individual served of the circumstances.

**PRINCIPLE 9: COMPETENCE**
Recreational Therapy personnel have the responsibility to maintain and improve their knowledge related to the profession and demonstrate current, competent practice to persons served. In addition, personnel have an obligation to maintain their credential.

**PRINCIPLE 10: COMPLIANCE WITH LAWS AND REGULATIONS**
Recreational Therapy personnel are responsible for complying with local, state and federal laws, regulations and ATRA policies governing the profession of Recreational Therapy.

Revised by the ATRA Board of Directors | July 2009

Retrieved from https://www.atra-online.com/welcome/about-atra/ethics
Recreational Therapy
Student Handbook Acknowledgement

Dear Student:

Please read the following statement and sign the bottom of this form acknowledging you have received a copy of the Recreational Therapy Student Handbook. This form will be kept in your permanent advising file.

Statement:
I have received and read the Recreational Therapy Undergraduate Student Handbook for Academic Year ________________.

I understand that it is my responsibility to monitor and fulfill the curriculum and graduation requirements. I must also maintain a cumulative GPA of 2.5 and earn a minimum grade of C in all RECTH courses, a C- in all supportive course work.

I understand that it is my responsibility to be knowledgeable about the program, department, college, and university policies and procedures as outlined in this handbook.

Student uNID: _______________________

______________________________
Student Name (please print)

______________________________   ________________
Student Signature                  Date

Return this form to your instructor or to:
Kelly Brown, Academic Advisor
520 Wakara Way
kelly.brown@hsc.utah.edu