

Community Health and Worksite Wellness Emphasis

(Based on the requirements for Certified Health Education Specialist Credentialing, CHES)

Effective Fall 2019 – Application Due April 1st

Please Note: This emphasis has special admission criteria. Please see the Academic Advisor for more information.

Passing grade for all courses: C- or better

PREREQUISITES** (16 credits) (for admission into the major)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
WRTG 2010	3	Intermediate Writing	F, S, SU		
MATH 1040 OR MATH 1070 OR PSY3000* OR FCS 3210* OR SOC 3112*	3	Intro to Statistical Thinking (QI)	F, S, SU		
H EDU 1010	3	Healthy Lifestyles	F, S, SU		
H EDU 3050	3	Community Health Issues	F, S, SU		
H EDU 4650 or BIOL 2420	4	Anatomy & Physiology for Health	F, S, SU		
**All of these must be completed in order to start the core class series					

CORE CLASSES (24 credits) (Must be taken in sequence)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
H EDU 4200 (Prereq: H EDU 1010, H EDU 3050, WRTG 2010 & Full Major Status in H EDU/KINES)	3	Foundations of Health Education & Promotion	F (1 st yr)		
H EDU 4300 (Prereq: WRTG 2010, MATH 1040 OR MATH 1070 OR SOC 3112 OR FCS 3210 OR PSY 3000 & Full Major Status in H EDU/KINES)	3	Introduction to Research and Assessment (QI)	F (1 st yr)		
H EDU 4210 (Prereq: H EDU 4200, H EDU 4300, WRTG 2010, MATH 1040 OR 1070 OR SOC 3112 OR FCS 3210 OR PSY 3000 & Full Major Status in H EDU/KINES)	3	Health Program Planning I (CW)	S (1 st yr)		
H EDU 4360 (Prereq: H EDU 4200, H EDU 4300)	3	Health Communication & Teaching	S (1 st yr)		
H EDU 4220 (Prereq: EDU 4210)	3	Health Program Planning II (QI)	F (2 nd yr)		
H EDU 4250	3	Facilitating Healthy Behavior	F, S (1 st yr)		
H EDU 4340	3	Epidemiology for Health Education	S (1 st yr)		
H EDU 5300	3	Diversity and Health (DV, CW)	F, S, SU (any yr)		

Community Health Track (must take all; 21 credits)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
H EDU 2000	2	First Aid and CPR	F, S		
H EDU 4180	3	Prevention Practices in Health Promotion	F, S, SU		
H EDU 4466 (Prereq: H EDU 4650 OR BIOL 2420)	2	Applied Health and Fitness Assessment (meets with KINES 4466)	F (1 st yr)		
H EDU 4600 (Prereq: H EDU 4200, 4300, 4210, & 4360)	4	Health Education Practicum I	F (2 nd yr)		
H EDU 4610 (Prereq: H EDU 4600)	4	Health Education Practicum II (CEL)	S (2 nd yr)		
H EDU 5990 (Prereq: H EDU 4210)	6	Community Health Internship	SU, F, S (2 nd yr)		

Worksite Wellness Track (must take all; 22 credits)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
KINES 4410	3	Physiology of Fitness	S		
KINES 4464	3	Exercise Instructor Training	F		
KINES 4465	3	Exercise Programming: Assessment & Delivery (QI)	S		
KINES 4466 (Prereq: KINES 4465)	3	Applied Health and Fitness Assessment and Exercise Programming (meets with HEDU 4466)	F		
KINES 4800	4	Fitness and Wellness Specialist Practicum	F		
KINES 4810 (Prereq: KINES 4800)	6	Supervised Internship	SU, F, S		

ELECTIVES* (must complete at least 4 courses)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
H EDU 3000	3	Human Sexuality	F, S, SU		
H EDU 3030	3	Medical Terminology	F, S, SU		
H EDU 3150	2	Health and Human Relations (CW)	F, S		
H EDU 3160	3	Stress Management	F, S, SU		
H EDU 3190	3	Death and Dying	F, S, SU		
H EDU 3350	3	Eating Disorders and Body Image	F, S, SU		
H EDU 3400	3	Health Concerns of Women	F, S, SU		
H EDU 4310	3	Health Promotion and Marketing	F		
H EDU 4350	3	Personal Resiliency	S		
H EDU 4790	3	Health Service Administration	S		
H EDU 5060	3	Global Health Promotion (IR)	F, S		
H EDU 5370	3	Health and Optimal Aging	F, S		
H EDU 5400	3	Theory and Habit Technology	F, SU		
H EDU 5500	3	Introduction to Grant Writing	S (2 nd yr)		
KINES 3350	3	Exercise Psychology			
KINES 3550	3	Motor Learning			
KINES 3551	3	Application of Human Motor Development Across the Lifespan			

***All major courses must be completed with a C- or better for successful completion of the degree.**

***All courses used toward major requirements may NOT be more than years old.**

Fall _____

Spring _____

Summer _____

Fall _____

Spring _____

Summer _____

Fall _____

Spring _____

Summer _____
