Name: ___________________________ Student ID: _______________ Date: ________
Email: ___________________ Catalog Year: _______________ GPA: _______
Major: ___________________________________________________________________
Anticipated Graduation: __________________________________________________

1. Students selecting a Health minor must complete the application form and submit to the academic
   advisor (HPR N-200). Students must maintain a 2.0 GPA. All courses must be successfully passed
   with C-. (18 Credits)

2. Students with a Health minor must pay careful attention to the prerequisite courses required as well
   as other specific courses required to fulfill the University general education requirements.

3. Students should meet with their academic advisor at least once every semester to ensure correct
   scheduling of coursework.

**Health Minor Required Courses (must take both courses):**

- HEDU 1010- Healthy Lifestyles (3 cr)  F S Su
- HEDU 3050- Community Health Issues (3 cr)  F S Su

**Health Minor Elective Courses: (must take 12 credits)**

- HEDU 1950- First Aid and Emergency Care (4 cr)  F S Su
- HEDU 2000- First Aid (2 cr) as of Fall 2019  F S
- HEDU 3000- Human Sexuality (3 cr)  F S Su
- HEDU 3160- Stress Management (3 cr)  F S Su
- HEDU 3190- Death and Dying (3 cr)  F S Su
- HEDU 3020- Patient Education (3 cr)  S
- HEDU 3290- Living with Chronic Disease (3 cr)  S
- HEDU 3350- Eating Disorders and Body Image (3 cr)  F S Su
- HEDU 3400- Health Concerns of Women (3 cr)  F S Su
- HEDU 4180- Prevention Practices in Hlth Promotion (3 cr)  F S Su
- HEDU 4350- Personal Resiliency (3 cr)  S
- HEDU 5370- Health and Optimal Aging (3 cr)  F S

**Total:** 18 credits

*by instructor permission to waive pre-requisite courses

Student Signature: ___________________________ Date: ____________________
Advisor’s Signature: ___________________________ Date: ____________________