

OCTH 6260-Spring- Assessment Rating Form

I. General Information

Title of the test: Pleasant Events Schedule-AD

Author: Rebecca Logsdon PhD & Linda Teri PhD

Publisher: The Gerontological Society of America (a journal)

Time required to administer: 15-20 minutes

Cost of the Test: Free, published in journal.

II. Description of Test

Type/Purpose of Test: The Pleasant Events Schedule-AD is a questionnaire that inquires about an individual with Alzheimer's participation in activities that they have enjoyed within the last month. The authors of this test assert that participation in pleasant events is linked to wellbeing and that conditions, such as Alzheimer's, limit participation in these events. Thus this checklist examines how an individual's participation in certain events has been impacted by their condition. The test examines participation in terms of how many times the event happened in the past month (frequency), how available the activity has been (availability), and how pleasant the event has been (enjoyability). This test has often been used and classified as a quality of life measure.

Population: While there are several pleasant event schedule questionnaires available for use, this particular questionnaire examines participation for older adults with Alzheimer's. The author's noted that this questionnaire is frequently administered to older adults with depression and other versions have been created form other populations.

Focus of measurement:

Organic systems Abilities Participation/life habits Environmental Factors

III. Practical Administration

Ease of Administration: This questionnaire is quick and easy to administer. The only difficulty would be in explaining the various categories, such as availability, to an individual with Alzheimer's who may be easily confused.

Clarity of Directions: The directions are simple, clear, and concise making administration easy for the client and the therapist.

Scoring Procedures: Items are rated according to their frequency (FREQ) and availability (AVAIL) during the past month on a 3-point scale: not at all, a few times (1-6 times), and often (7 more times). Items are also rated according to whether the patient now enjoys the activity (NOW) and whether the activity was enjoyed in the past (PAST). To obtain an overall summary score of

frequency of enjoyable activities, a cross product with NOW (rated 0 or 1) X FREQ (rated 0,1, or 2) is calculated for each item. Each item therefore receives a score of 0 = either do not enjoy or hasn't done in the past month, 1 = enjoys and has done a few times, and 2 = enjoys and has done often. The sum of these item scores (ENJOY) represents the frequency of pleasant activities during the past month.

Examiner Qualification & Training: The main quality the examiner needs to have is the ability to take the questionnaire results and translate the scores into an understanding of how the client's condition is impacting their quality of life and participation in valued activities. Administration is simple and does not require specific training.

IV. Technical Considerations

Standardization: ___ Norms ___ Criterion Referenced ___ Other Not Standardized

Reliability: N/A

Validity: N/A

Manual: ___ Excellent ___X___ Adequate ___ Poor

What is (are) the setting/s that you would anticipate using this assessment? A skilled nursing facility, an adult daycare for individuals with Alzheimer's, a long term care facility, an assisted living facility, and community settings that provide activities for individual's with Alzheimer's.

Summary of strengths and weaknesses:

Weakness:

- The various scales the test ranks things on could be difficult to explain to someone with Alzheimer's.
- If the person is depressed, discussing all of the events that they are not participating in could be more depressing.
- This is a subjective measure and so an individual could incorrectly report their participation. Their reporting may be inaccurate.
- The questionnaire only discusses participation in leisure activities.

Strengths:

- The authors have created a shorter version of the questionnaire that has only 20 events.
- This questionnaire covers a wide variety of leisure events.
- There are multiple scales clients rate their participation on.
- The test is easy to administer.
- An understanding of someone's participation in meaningful leisure activities can provide insight on an individual's quality of life and their well-being.
- Can be used for a variety of populations.

More helpful information: <http://gerontologist.oxfordjournals.org/content/37/1/40.full.pdf>