University of Utah Department of Physical Therapy

Sample Student Objectives

Used with permission - recognition and thanks to Eastern Washington University

Acute Care

Week 1: The student will:

- 1. Complete orientation to the facility (risk management, safety, tour, etc.).
- 2. Introduce self to department staff.
- 3. Shadow CI to become familiar with the patients and procedures.
- 4. Participate in an initial evaluation with <90-100% assistance.
- 5. Measure and characterize pain with <90-100% assistance.
- 6. Actively participate in treatment interventions with <90-100% assistance.
- 7. Complete at least one progress note with <90-100% supervision and comparison to CI's note for the same patient.
- 8. Ensure patient safety with <50% cues from the CI.
- 9. Perform correct body mechanics with <50 % cues from CI.
- 10. Demonstrate appropriate universal precautions and sterile technique with <50% cues from CI.
- 11. Provide feedback to CI regarding level of supervision, teaching methods, etc.

Week 2: The student will:

- 1. Complete orientation including patient scheduling, meetings, etc.
- 2. Complete an initial evaluation with <75-90% assistance from the CI.
- 3. Measure and characterize pain with <75-90% assistance.
- 4. Select and perform examination tests and measures with <75-90% assistance from the CI for each practice pattern.
- 5. Synthesize available data on a patient/client to include impairment, functional limitation, and disability participation restrictions with <75-90% assistance.
- 6. Site the evidence (patient/client history, lab diagnostics, tests and measures and scientific literature) to support clinical decisions with <75-90% assistance.
- 7. Integrate the examination findings to classify the problem into a practice pattern with <75-90% assistance from the CI.
- 8. Identify and prioritize impairments to determine a specific dysfunction towards which the intervention will be directed with <75-90% assistance.
- 9. Select and prioritize the essential treatment interventions that are safe and meet the specific functional goals/outcomes in the plan of care with <75-90% assistance from CI.
- 10. Implement and assess effectiveness of treatment interventions with <75-90% assistance from CI.
- 11. Document progress notes and familiar initial evaluations with <75-90% assistance.
- 12. Ensure patient safety with <30% cues from the CI.
- 13. Perform correct body mechanics with <30 % cues from CI.
- 14. Demonstrate appropriate universal precautions and sterile technique with <30% cues from CI.
- 15. Write measurable functional goals that are time referenced with <75-90% assistance.
- 16. Complete daily activity log/billing sheets with <75-90% assistance.
- 17. Actively participate in patient conferencing with <75-90% assistance from CI.
- 18. Demonstrate initiative with all duties including active adult learning.
- 19. Participate in discharge planning, including ordering of patient equipment with <75-90% assistance.
- 20. Differentiate between discharge, discontinuation of service and transfer of care with <75-90% assistance.

Week 3: The student will:

1. Perform 50% of the scheduled treatments and 25% of evaluations.

- 2. Fully complete an initial evaluation with <50-75% assistance from CI.
- 3. Measure and characterize pain with <50-75% assistance.
- 4. Select and perform examination tests and measures with <50-75% assistance from the CI for each practice pattern.
- 5. Synthesize available data on a patient/client expressed in terms of the disablement model to include impairment, functional limitation, and disability participation restrictions with <50-75% assistance.
- 6. Cite the evidence (patient/client history, lab diagnostics, tests and measures and scientific literature) to support clinical decisions with <50-75% assistance.
- 7. Integrate the examination findings to classify the problem into a practice pattern with <50-75% assistance from the CI.
- 8. Identify and prioritize impairments to determine a specific dysfunction towards which the intervention will be directed with <50-75% assistance.
- 9. Select and prioritize the essential treatment interventions that are safe and meet the specific functional goals/outcomes in the plan of care with <50-75% assistance from CI.
- 10. Implement and assess effectiveness of treatment interventions addressing impairments, activity limitations and specific patient goals with <50-75% feedback from CI.
- 11. Document progress notes and initial evaluations with <50-75% feedback from CI.
- 12. Ensure patient safety with <10% cues from the CI.
- 13. Perform correct body mechanics with <10% cues from CI.
- 14. Demonstrate appropriate universal precautions and sterile technique with <10% cues from CI.
- 15. Write measurable functional goals that are time referenced with <50-75% assistance.
- 16. Complete daily activity log/billing sheets with <25-50% assistance.
- 17. Present patient during care conference with <50-75% feedback.
- 18. Participate in discharge planning, including family education, ordering of equipment with <50-75% assistance from CI.
- 19. Differentiate between discharge, discontinuation of service and transfer of care with <50-75% assistance.
- 20. Determine project to be completed after discussion with CI.

Week 4-5: The student will:

- 1. Perform 75% of the scheduled treatments and 50% of the evaluations.
- 2. Fully complete initial evaluation with <25-50% assistance/feedback from CI.
- 3. Measure and characterize pain with <25-50% assistance.
- 4. Select and perform examination tests and measures with <25-50% assistance from the CI for each practice pattern.
- 5. Synthesize available data on a patient/client expressed in terms of the disablement model to include impairment, functional limitation, and disability participation restrictions with <25-50% assistance.
- 6. Cite the evidence (patient/client history, lab diagnostics, tests and measures and scientific literature) to support clinical decisions with <25-50% assistance.
- 7. Integrate the examination findings to classify the problem into a practice pattern with <25-50% assistance from the CI.
- 8. Identify and prioritize impairments to determine a specific dysfunction towards which the intervention will be directed with <25-50% assistance.
- 9. Select and prioritize the essential treatment interventions that are safe and meet the specific functional goals/outcomes in the plan of care with <25-50% assistance from CI.
- 10. Implement and assess effectiveness of treatment interventions with <25-50% assistance/feedback from CI.
- 11. Document all progress notes and initial evaluations with <25-50% assistance from CI.
- 12. Ensure patient safety independently.
- 13. Perform correct body mechanics independently.
- 14. Demonstrate appropriate universal precautions and sterile technique independently.
- 15. Write measurable functional goals that are time referenced with <25-50% assistance.
- 16. Complete daily activity log/billing sheets independently.
- 17. Present patients during care conference with <25-50% assistance/feedback.
- 18. Perform discharge planning with <25-50% assistance/feedback.

- 19. Differentiate between discharge, discontinuation of service and transfer of care with <25-50% assistance.
- 20. Work on project independently.
- 21. Complete midterm as appropriate. If significant issues noted, call DCE/ACCE.
- 22. Provide feedback to CI regarding level of supervision, teaching methods etc.

Week 6-7: The student will:

- 1. Perform 100% of the scheduled treatments and 75% of evaluations.
- 2. Fully complete initial evaluation with feedback <25% of the time.
- 3. Measure and characterize pain with <25% assistance.
- 4. Select and perform examination tests and measures with <25% assistance from the CI for each practice pattern.
- 5. Synthesize available data on a patient/client expressed in terms of the disablement model to include impairment, functional limitation, and disability participation restrictions with <25% assistance.
- 6. Cite the evidence (patient/client history, lab diagnostics, tests and measures and scientific literature) to support clinical decisions with <25% assistance.
- 7. Integrate the examination findings to classify the problem into a practice pattern with <25% assistance from the CI.
- 8. Identify and prioritize impairments to determine a specific dysfunction towards which the intervention will be directed with <25% assistance.
- 9. Select and prioritize the essential treatment interventions that are safe and meet the specific functional goals/outcomes in the plan of care with <25% assistance from CI.
- 10. Develop treatment interventions with feedback <25% of the time.
- 11. Implement and assess effectiveness of treatment interventions with feedback <25% of the time.
- 12. Complete all patient documentation with feedback <25% of the time.
- 13. Write measurable functional goals that are time referenced with <25% assistance.
- 14. Present patients during care conference with <25% feedback.
- 15. Perform discharge planning with <25% feedback.
- 16. Differentiate between discharge, discontinuation of service and transfer of care with <25% assistance.
- 17. Continue to work on project independently, schedule presentation time as appropriate.
- 18. If appropriate, meet/observe other disciplines, surgery, specialty areas, etc.

Weeks 8-9: The student will:

- 1. Perform 100% of the scheduled treatments and evaluations.
- 2. Complete initial evaluations independently.
- 3. Measure and characterize pain independently.
- 4. Select and perform examination tests and measures independently, for each practice pattern.
- 5. Synthesize available data on a patient/client expressed in terms of the disablement model to include impairment, functional limitation, and disability participation restrictions independently.
- 6. Cite the evidence (patient/client history, lab diagnostics, tests and measures and scientific literature) to support clinical decisions independently.
- 7. Integrate the examination findings to classify the problem into a practice pattern independently.
- 8. Identify and prioritize impairments to determine a specific dysfunction towards which the intervention will be directed independently.
- 9. Select and prioritize the essential treatment interventions that are safe and meet the specific functional goals/outcomes in the plan of care independently.
- 10. Develop treatment interventions independently.
- 11. Implement and assess effectiveness of treatment interventions independently.
- 12. Complete all documentation independently.
- 13. Write measurable functional goals that are time referenced independently.
- 14. Present patients during conference with oversight only.
- 15. Perform discharge planning independently.
- 16. Continue to observe other activities as appropriate.

Weeks 10-12: The student will:

- 1. Complete the project.
- 2. Complete comprehensive documentation to the satisfaction of the CI.
- 3. Complete treatment interventions to the satisfaction of the CI.
- 4. Complete discharge planning without reminders from CI.
- 5. Present during care conference independently.
- 6. Complete all educational experiences desired.
- 7. Perform all duties of an entry level physical therapist.
- 8. Complete final assessment.
- 9. Provide feedback to CI regarding the experience and recommendations for future students.