Occupation based treatment kits
Ideas for FW projects

These ideas listed below can be used to help FW students get ideas for projects or help practitioners get ideas to build their own kits. This is not an exhaustive list, it is only meant to stimulate thinking 😊 Enjoy!

Childcare
Bottle, formula, formula dispenser, bottle brush, diaper, bathing supplies, life size baby

Electrical Wiring
Electrical Wiring – Tools and supplies to change outlet, change light fixture, rewire a plug

Employment
Job Search Binder – How to tie a Windsor knot (w/ tie), resume writing worksheet, career interest finder

Event Planning
Planning Event – Invitation, streamers, tape, calendar, banner, party planning instructions.
Vacation Planning – Various travel Brochures and designed activities, vacation planning sheet

Gardening –
Gardening – Pots, Potting Soil, Planting guides for problem solving planting strategies, set of hedge clippers

Home Care
Dishes – Picture Sequencing cards, Setting the table instructions
Laundry – instructions and various laundry activities, sequencing, folding, sorting
Laundry Task – clothes basket, clothes and dryer sheets (above washer and dryer)

Maps and Transportation
Reading a map – Various Maps, Designed Activities, Magnifying Glasses, Dry Erase
Reading a schedule – online or on paper

Meal Planning
Meal planning workbook – pictures of food, grocery shopping list, picking ingredients

Medication Management
Medication – Pill boxes, Weekly Pill organizer, “pills” and Activities.

Money/Finances
Check Account – Blank Checks, Balance Sheets, Calculator, Bills, and Newspaper Ads, instructions and activities folder
Money Management – Fake money, Fake Credit Cards, Wallet, Various money items and tasks
Nutrition
Nutrition Labels – Various food packages/nutrition labels
Nutrition Books – Complete Food and Nutrition Guide, Mom’s Best Cookbooks (2 books), nutritional meals for kids

Office
Office work – Monthly Filing Folder, Clinic Billing Sheets,

Packing a Suitcase
Suitcase – clothes, toiletries, travel items, Airport guides, and designed activities

Pet Care
Pet Care Box - Litter Box (tootsie roll), dog, bag of food, leash, and other pet care supplies

PVC Assembly
Sprinkler System – supplies to assemble sprinkler system

Restaurant
Menus/Restaurant – Various real menus from around town, and instructions and activities, Tip card, restaurant etiquette

Sewing
Sewing kit – Various sewing supplies, clothes that need to be mended (instructions and activities in “Sewing/Mending” file folder)

Shopping
Using Coupons – Coupon Sorter, Adds, Candy Wrappers linked to coupons, scissors
Bargain Shopping – Ads and tasks to find best price
Newspaper binder – Activity for shopping in newspaper classifieds.

Social Participation
Social Etiquette Binder – Instructions on dating etiquette, conversation cards, dating pictures
Going to Movies Binder – Activities and instructions to plan a movie date

Scrapbooking
Various papers, stickers, ribbons and other decorations, paper cutter, various scissors (adaptive and non).

Fishing
Various poles (look in local thrift store or used sports equipment or ask for donations), fishing line, various lures, etc.

Wrapping gifts
Various sizes of boxes (preferably ones that seat inside each other so they don’t take up as much storage space) wrapping paper, tape and scissors (adaptive and non).