

Health Promotion and Education  
**CONSUMER HEALTH EMPHASIS**  
 Effective Spring 2017

Student Name: \_\_\_\_\_ Student Signature: \_\_\_\_\_ uNID: \_\_\_\_\_

Semester of Acceptance: \_\_\_\_\_ Advisor Signature: \_\_\_\_\_

PREREQUISITES* (for admission into the major)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
MATH 1040 OR MATH 1070 OR PSY3000* OR FCS 3210* OR SOC 3112*	3	Intro to Statistical Thinking *Class fulfills QI Requirement	F, S, SU		
WRTG 2010	3	Intermediate Writing	F, S, SU		
H EDU 1010	3	Healthy Lifestyles	F, S, SU		
H EDU 3050	3	Community Health Issues	F, S, SU		
*All of these must be completed in order to take H EDU 4200 and H EDU 4300 courses.					

REQUIRED CORE CLASSES* (must take all)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
H EDU 4200 (Prereq: HEDU 1010, H EDU 3050, WRTG 2010 & Full Major Status in HPE)	3	Foundations of Health Education & Promotion	F		
H EDU 4300 (Prereq: WRTG 2010, MATH 1040 OR MATH 1070 OR SOC 3112 OR FCS 3210 OR PSY 3000 & Full Major Status in HPE)	3	Introduction to Research and Assessment <b>(QI)</b>	F		
H EDU 5100	3	Healthcare in the U.S.	F, SU		
H EDU 3020 (Prereq: H EDU 4200, H EDU 4300 & Full Major Status in HPE)	3	Patient Education	S		
H EDU 3290 (Prereq: H EDU 4200, H EDU 4300 & Full Major Status in HPE)	3	Living with Chronic Diseases	S		
H EDU 4350	3	Personal Resiliency	S		
*These courses must be taken in sequence.					

CONTENT COURSES* (must take all)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
H EDU 1950 or H EDU 5950	4 OR 9	First Aid & Emergency Care or EMT Training	F, S, SU		
H EDU 2010	3	Introduction to Health Professions	F		
H EDU 3000	3	Human Sexuality	F, S, SU		
H EDU 3030	3	Medical Terminology	F, S, SU		
H EDU 3190	3	Death and Dying	F, S, SU		
H EDU 4790	3	Health Service Administration	F, S, SU		
H EDU 4180	3	Prevention Practices in Health Promotion	F, S, SU		
H EDU 5300	3	Diversity and Health <b>(DV, CW)</b>	F, S, SU		
*These may be taken at any time, even before declaring the major.					

All students must complete one of the two designed interdisciplinary area tracks. See back side of tracking sheet for interdisciplinary track options.

**Please Note:** Students that plan to apply to a pre-professional program: Please visit: [www.advising.utah.edu/preprofessional/](http://www.advising.utah.edu/preprofessional/) for more specific information. We encourage you to meet with a pre-professional advisor; 801-581-5744 or email [ppa@uc.utah.edu](mailto:ppa@uc.utah.edu)

## CONSUMER HEALTH AREA TRACKS

### Must choose 1 track (Clinical or Professional)

Clinical Health Promotion (6 Elective courses regardless of credit hours)	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
H EDU 1030	3	Substance Use and Abuse	F, S, SU		
H EDU 3033 (Prereq: H EDU 4450)	3	Meds, Drugs and EMS	F, S		
H EDU 3035	3	Medical Spanish	F, S		
H EDU 3150	2	Health and Human Relations <b>(CW)</b>	F, S		
H EDU 3160	3	Stress Management	F, S, SU		
H EDU 3350	3	Eating Disorders and Body Image	F, S, SU		
H EDU 3400	3	Health Concerns of Women	F, S, SU		
H EDU 3700	3	Environmental Health	SU		
H EDU 4250	3	Facilitating Healthy Behavior	F, S, SU		
H EDU 4310	3	Health Promotion/Marketing	F, SU		
H EDU 4650	4	A & P for Health	F, S, SU		
H EDU 5060	3	Global Health Promotion <b>(IR)</b>	F, S		
H EDU 5160	3	Health Communication	S		
H EDU 5370	3	Health and Optimal Aging	F, S		
H EDU 5400	3	Theory and Habit Technology	F, S		
H EDU 5410	3	Behavior Changing Technology	F		
H EDU 5420	3	Introductory Android App	F, S		
*These may be taken at any time, even before declaring the major. Other H EDU courses may be used as an exception upon petition or with advisor approval.					

Professional Science *Must take all courses	CREDITS	COURSE TITLE	SEMESTER OFFERED	SEMESTER PLANNED/TAKEN	GRADE
CHEM 1210	4	General Chemistry I	F, S, SU		
CHEM 1220	4	General Chemistry II			
BIOL 2325	4	Human Anatomy	F, S, SU		
BIOL 2420	4	Human Physiology	F, S, SU		
H EDU 4250	3	Facilitating Healthy Behavior	F, S, SU		
*These may be taken at any time, even before declaring the major.					

\*All major courses must be completed with a C- or better.  
\*All courses used toward major requirements may NOT be more than 10 years old.

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